

HOME OF CONSCIOUSNESS BASED AYURVEDA



॥ श्वरुथस्य श्वारुथ्य श्वक्षणं, आतुरस्य विकार प्रशामनं॥

(चरक संहिता सूत्रः 30126)

Protect the health of the healthy and relieve the disease of the ailing

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Ayurveda: The Essence of Mind-Body Harmony

समदोश समाविनश्च समधातुमलक्रियः। प्रसन्नात्मेन्द्रियमनाः स्वस्थ इत्यमिधीयते ॥

Sushruta Samhita, Sutrasthana 15.41

This shloka beautifully captures the essence of Ayurveda and Consciousness —emphasizing that true health is not just physical but also a harmonious state of mental, emotional, and spiritual balance.



Ayurveda & Consciousness: Our Journey towards Swasthya & Ananda

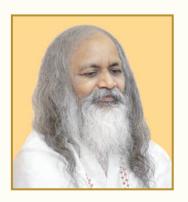
One is considered truly healthy when the **doshas (bodily energies)** are balanced, the **Agni (digestive fire)** is in harmony, and the **dhatus (tissues)** and **malas (waste products)** function properly. True health is reflected in a **happy, blissful senses, mind and soul** creating a state of blissful well-being.

At Maharishi Ayurveda, the only consciousness-based Ayurveda company, we embrace the **profound** wisdom of Ayurveda, the timeless science of holistic living. Our unique consciousness-based approach goes beyond physical wellness—it nurtures the mind, body, and spirit in harmony with natural laws.

Rooted in ancient Vedic texts, our formulations are crafted with reverence for the natural intelligence of herbs, enhanced by the **power of consciousness**. Through regular practice of **Transcendental Meditation** and the resonance of Vedic chants, we purify and elevate the vibrational quality of our products, amplifying their healing potency.

THE PEARL OF AYURVEDA

The Stalwarts Shaping the Legacy of Holistic Wellness



Our Guiding Light: His Holiness Maharishi Mahesh Yogi Ji

Maharishi Mahesh Yogi Ji, the visionary founder of **Transcendental Meditation (TM)**, revived **Ayurvedic principles** as a pathway to holistic health and longevity. With profound insight, he illuminated and amalgamated the connection between **consciousness and well-being**, blending the timeless wisdom of Ayurveda with the transformative power of meditation.

Maharishi ji introduced an effortless technique of Meditation to address modern health challenges. His vision continues to guide us toward a **healthier**, **happier**, **and more enlightened world**, where true wellness is rooted in the coherence of **body**, **mind**, **and spirit**.



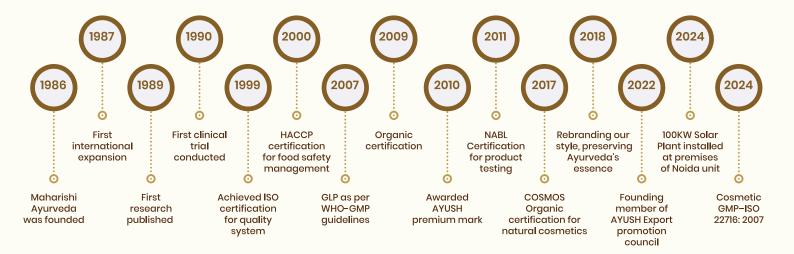
Our Leader: Shri Anand Shrivastava Ji

Shri Anand Shrivastava Ji, with a **visionary spirit and unwavering dedication**, founded **Maharishi Ayurveda Products Pvt. Ltd.** in 1986 to **carry forward the timeless wisdom of His Holiness Maharishi Mahesh Yogi Ji** and his mission" to create a **disease-free society**.

Under his leadership, Maharishi Ayurveda became a trusted name, delivering products that reflect the perfect synergy of Vedic principles and modern scientific research. His relentless pursuit of excellence continues to inspire millions to embrace Ayurveda as a way of life, promoting health, harmony, and vitality worldwide.

HISTORY OF MAHARISHI AYURVEDA

Journey of Success



COMMITMENT TO EXCELLENCE:

A legacy of Trust, Quality, and Innovation

















Maharishi Ayurveda A Global Brand in Ayurveda and Herbal Healthcare

With a presence in **over 40 nations**, Maharishi Ayurveda is committed to making **authentic Ayurveda** accessible worldwide. We offer a comprehensive range of **wellness solutions** including

- High-quality, natural Ayurvedic products, laboratory tested.
- Personalised consultations by expert Vaidyas.
- Detoxification treatments, training programs, and educational services.
- More than 100 research papers published globally.



The concepts of Samskara / Chitta para realigned- At Maharishi Ayurveda, nurturing Samskara (impressions) and Chitta/Chetna (consciousness) is our utmost priority, as we believe they are vital in shaping an individual's health and wellbeing. Our mission is to create a disease-free society and empower individuals to achieve complete physical, mental, and spiritual well-being through the regular practice of Transcendental Meditation by all workers within the company premises. This practice fosters a harmonious and productive environment, promoting holistic health and inner peace.



NUTRITION ROOTED IN AYURVEDA

In Ayurveda, Ahara (food) is considered the essential element that helps us stay healthy and harmonious. Our packaged foods, herbal teas/infusions, and nutritional supplements follow Ayurvedic principles.

Ayurveda emphasises the importance of nutrition as the foundation of health. It helps with digestion, nourishes the body, soothes the mind, and sustains the balance between the three doshas (Vata, Pitta, and Kapha). It also helps with detoxification, boosts immunity, and increases energy levels.



ORGANIC HERBAL TEAS & INFUSIONS

In Ayurveda, consuming herbal tea is vital for dosha balancing, cleansing, and healing benefits. Herbal teas are considered a natural remedy for promoting digestion by balancing digestive fire and preparing the body for optimal nutrient absorption.





Maharishi Ayurveda offers a variety of herbal teas & infusions to nourish and balance the body and mind. These blends help improve digestion, boost immunity, and reduce stress, promoting overall well-being.

Refresh your mind and awaken your senses with Maharishi Ayurveda's certified Organic Green Tea collection



TULSI GREEN TEA PREMIUM

What's Special: 100% Pure & Natural | Free from Artificial Colours, flavours or Additives | Gluten-Free.

This special blend combines three holy and potent varieties of Tulsi – Rama, Vana and Krishna – offering a unique flavour and remarkable antioxidant benefits. It provides a calming yet energising experience. This organic blend is infused with antioxidant-rich green tea, which enhances metabolism and boosts detoxification.

Pack Size: 20 Tea Bags | 30g



TULSI GREEN TEA LEMON GINGER

What's Special: 100% Pure & Natural | Free from Artificial Colours or Additives | Gluten-Free

A stimulating & refreshing blend of Tulsi, Lemon, Ginger and Green Tea that supports healthy well-being. Packed with antioxidants & adaptogens, it's a perfect cup for relieving stress and makes you active and energetic throughout the day.



TULSI GREEN TEA PREMIUM

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Pack Size: 100g Tin



GREEN TEA CLASSIC

What's Special: 100% Pure & Natural | Free from Artificial Colours, flavours or Additives | Gluten-Free

Green tea is rich in polyphenols, especially catechins, which offer antioxidant properties. It is less processed, which preserves the antioxidant properties that help accelerate metabolism and support overall well-being.

Pack Size: 100g Tin

Maharishi Ayurveda's Organic Ayurvedic infusions combined with handpicked herbs and flowers to promote a healthy body and mind



TURMERIC GINGER

What's Special: 100% Pure & Natural | Free from Artificial Colours, flavours or Additives | Gluten-Free

This anti-inflammatory infusion, with turmeric, ginger, and warming spices, helps reduce inflammation, rekindle Agni, improve appetite, support digestion, boost immunity, and enhance overall vitality.

Pack Size: 20 Tea Bags | 30g



TULSI LEMON GINGER

What's Special: 100% Pure & Natural | Free from Artificial Colours or Additives | Gluten-Free

A stimulating blend of Tulsi, Lemon, Ginger and Lemongrass that boosts immunity and promotes overall well-being. Packed with antioxidants and anti-inflammatory herbs, it's a perfect cup for changing weather that helps relieve and prevent seasonal allergies. Its adaptogenic properties reduce stress and keep you active and energetic throughout the day.



ROSE HIBISCUS

What's Special: 100% Pure & Natural | Free from Artificial Colours, flavours or Additives | Gluten-Free

This blend of handpicked flowers and herbs helps calm the mind and uplifts the mood. It is an entirely addictive-free herbal tea, otherwise naturally sweet and florally aromatic, that alleviates the mood and calms the mind.

Pack Size: 20 Tea Bags | 30g



HONEY CHAMOMILE

What's Special: 100% Pure & Natural | Free from Artificial Colours or Additives | Gluten-Free

It combines the soothing effect of Chamomile and brahmi with the natural sweetness of honey and liquorice, aiding in relaxation. This promotes better sleep and helps enhance focus and mental clarity.

Discover balance and harmony with our Dosha-balancing tea range, specially curated by our Vaidyas. It contains 0% flavouring, and it aligns your mind and body the Ayurvedic way



VATA CALM

What's Special: 100% Pure & Natural | Crafted by Vaidyas | 0% Added Flavours | Free from Artificial Colours, or Additives | Gluten-Free

A potent blend of Organic herbs and spices crafted by our Vaidyas—without any added flavour—balances Vata, thereby calming mind, body, and emotions. It's a comforting medley of naturally sweet and earthy liquorice flavours, balanced with slightly warming ginger and cinnamon. It's a perfect cup of tea for those who worry too much or experience stress.

Pack Size: 20 Tea Bags | 30g



PITTA SOOTHE

What's Special: 100% Pure & Natural | Crafted by Vaidyas | 0% Added Flavours | Free from Artificial Colours, or Additives | Gluten-Free

A potent combination of Organic herbs and spices blended by our Vaidyas—without any added flavour—balances Pitta, thereby soothing mind, body, and emotions. It's a rejuvenating medley of aromatic rose and naturally sweet liquorice with refreshing spices. It's a perfect cup of tea for those who often experience acidity or acid reflux.



KAPHA ENERGISE

What's Special: 100% Pure & Natural | Crafted by Vaidyas | 0% Added Flavours | Free from Artificial Colours, or Additives | Gluten-Free

A potent combination of Organic spices blended by our Vaidyas—without any added flavour—balances Kapha, thereby boosting Agni and stimulating mind, body, and emotions. It's a zesty and warming medley of spices (clove-pepper-ginger), sweet (cardamom), earthy (turmeric), and aromatic (saffron) flavours—in wonderful harmony! It's a perfect cup of tea for those who feel lethargic, sluggish, or experience laziness.

Ayurvedic infusion expertly blended by Vaidyas using potent ingredients and with no added flavours to promote holistic well-being



ACTIVE WOMAN

What's Special: 100% Pure & Natural | Crafted by Vaidyas | 0% Added Flavours | Free from Artificial Colours, or Additives | Gluten-Free

A potent blend of Organic herbs & spices crafted by our Vaidyas – without any added flavour- to support women's holistic health. An aromatic tea with a mild sweet-spicy taste and delightful warmth, it is soothing and comforting to drink.

Pack Size: 20 Tea Bags | 30g



BLISSFUL REST

What's Special: 100% Pure & Natural | Crafted by Vaidyas | 0% Added Flavours | Free from Artificial Colours, or Additives | Gluten-Free

A potent combination of Organic herbs blended by our Vaidyas– without any added flavour- to soothe mind, body and senses, thereby supporting the body's natural rhythm and relaxation! A deliciously smooth blend with delicate, grounding notes that calm nerves and relax the mind with every sip.



PURE CLEANSE

What's Special: 100% Pure & Natural | Crafted by Vaidyas | 0% Added Flavours | Free from Artificial Colours, or Additives | Gluten-Free

A potent combination of Organic herbs & spices blended by our Vaidyas– without any added flavours- to support the body's natural elimination of Ama (toxins), thereby revitalising mind and body holistically.

A harmonious blend of flavours- subtle tartness & spiciness balanced by minty freshness.



PACKAGED FOOD

The first step towards a healthier life is nourishing the body with good food rich in vital nutrients, vitamins, and minerals, which in turn helps balance our doshas. Maharishi Ayurveda food packs are organic, wholesome nutrition that promotes a healthy lifestyle by providing essential nutrients, vitamins, and minerals. They improve digestion and energy levels and provide profound Ayurvedic benefits, promoting optimal dosha, Agni, and mind balance.

Nourish your mind and body with Maharishi Ayurveda packaged foods, crafted with the goodness of the finest quality ingredients



HIMALAYAN PINK SALT

What's Special: Mineral-Rich Daily Wellness Diet | Goodness of Pure Himalayan rocks | Enhances Taste & Nutrition

Pink Rock Salt is sourced from ancient Himalayan mountains. This pure, unrefined mineral salt is naturally rich in essential minerals like calcium, magnesium, and potassium. Known for its unique pink colour and purity, this salt adds the perfect balance to make even the most boring meals shine while supporting healthy well-being. Unlike regular table salt, it retains natural minerals that support digestion and maintain hydration while bringing out the best flavours of your dishes.

Pack Size: 1Kg



ORGANIC HONEY

What's Special: Pure sweetness from diverse wildflower nectar

Our Organic Honey is made from wildflower nectar, providing essential minerals, vitamins and enzymes that promote overall wellness. In Ayurveda, unheated and unprocessed honey is considered Sattvik in nature providing essential minerals, vitamins, and enzymes that promote overall wellness. It helps rejuvenate both the body and mind while supporting immunity, digestion, and vitality.

Pack Size: 250a



ORGANIC JAGGERY POWDER

What's Special: Plant based Sweetener | 100% Natural & Pure | Rich in Minerals

Our Organic Jaggery Powder is made from 100% pure sugarcane juice, following traditional Ayurvedic methods to preserve its natural essential nutrients and rich taste. Jaggery powder serves as a wholesome, nourishing sugar substitute that supports digestion and helps relieve constipation. It adds a natural, earthy sweetness to teas, desserts, and recipes.

Pack Size: 500g



ORGANIC VIRGIN COCONUT OIL

What's Special: Free from heavy metals | No added toxic chemicals, and additives | 100% pure and clean for food grade | Crafted with care

Our virgin coconut oil is obtained using the cold-pressed method directly from fresh coconuts, preserving their natural nutrients and soft tropical essence. Rich in lauric acid, antioxidants, and health-promoting fatty acids, our virgin coconut oil helps boost immunity, enhance skin radiance, and promote hair growth. Known for its cooling and nourishing properties, it is ideal for cooking and as a natural moisturiser for the skin and hair.

Pack Size: 500ml



ORGANIC MUSTARD OIL

What's Special: 100% Pure & Cold Pressed | Rich in Omega-3 & Omega-6 fatty acids | Improves heart health

Our Organic Mustard Oil is obtained using the cold-pressed method to preserve its distinctive taste and nutritional benefits. It stimulates the digestive fire (Agni) and supports a healthy lifestyle. Our mustard oil is perfect for a variety of culinary uses, including cooking, frying, and salad dressing, due to its strong flavours. Additionally, it can be incorporated into daily routines to enhance overall well-being.

Pack Size: 1Ltr



GOLDEN SESAME OIL

What's Special: Extracted from sesame seeds | Rich in Antioxidants

Our pure Sesame Oil is obtained using the cold-pressed method from high-quality sesame seeds, preserving its rich antioxidants and essential fatty acids that promote skin and heart health. It enhances both the taste and aroma of dishes. Our sesame oil is also suitable for Abhyanga (massage) and oil pulling and helps promote overall wellness.

Pack Size: 1Ltr



AYURVEDIC NUTRITIONAL SUPPLEMENTS

Maharishi Ayurveda's supplements are made with active herbs and guided by Ayurveda's timeless principles, ensuring authenticity, purity, and efficacy. Our nutritional Supplements support gut health and naturally enhance Immunity.





Explore the high-quality single herbs with certified Organic ingredients.



ASHWAGANDHA ORGANIC

What's Special: 100% Toxin-Free | Sugar-Free | Gluten-Free | Pesticide-Free | Lactose-Free | 100% Vegan | NO added colours/ preservatives | Non-GMO

Ashwagandha, known as the "King of Herbs" in Ayurveda, has adaptogenic and rejuvenating properties. Ashwagandha root powder is rich in alkaloids and withanolides, contributing to its health benefits. In Ayurveda, Ashwagandha is classified as a Medhya Rasayana- a mental health Rejuvenator. Additionally, it supports energy levels, promotes restful sleep, and strengthens overall vitality.

Pack Size: 60 Tabs | 30g



MORINGA ORGANIC

What's Special: 100% Toxin-Free | Sugar-Free | Gluten-Free | Pesticide-Free | Lactose-Free | 100% Vegan | NO added colours/ preservatives | Non-GMO

Moringa is also known as the "Miracle herb" due to its high nutritional and antioxidant properties. The moringa leaves are a rich source of vitamins and minerals that help regulate metabolism and boost immunity. In Ayurveda, Moringa balances Vata and Kapha doshas, offering various health benefits that support holistic well-being.

Pack Size: 60 Tabs | 30a



TURMERIC (MADE WITH ORGANIC INGREDIENTS)

What's Special: 100% Toxin-Free | Sugar-Free | Gluten-Free | Pesticide-Free | Lactose-Free | 100% Vegan | NO added colours / preservatives | Non-GMO

Ayurveda says turmeric balances all three doshas: Vata, Pitta, and Kapha. It also helps purify Rasa and Rakta dhatus (the blood and plasma of the circulatory system). It supports Agni (digestive fire) and aids in the elimination of Ama (toxins), promoting overall detoxification. Turmeric helps remove toxins and reduce inflammation and pain, supporting mobility and overall well-being.

Pack Size: 60 Caps | 36g



ORGANIC TRIPHALA

What's Special: 100% Toxin-Free | Sugar-Free | Gluten-Free | Pesticide-Free | Lactose-Free | 100% Vegan | NO added colours/ preservatives | Non-GMO

Organic Triphala is a synergistic blend of the dried fruits of Amalaki, Haritaki, and Bibhitaki. It balances all three doshas and is a Rasayana with cleansing, revitalising properties that help remove Ama and enhance Ojas. Additionally, rose in this formulation has a cooling effect, which supports better bowel movements, eases constipation, and nourishes the gut.

Pack Size: 60 Tabs | 60g

A highly nutritious range of churnas, rich in various nutrients, helps improve overall well-being.



ORGANIC TRIPHALA POWDER

What's Special: 100% Pure & Natural Balances all 3 doshas | Strengthen digestive system | Easy for Consumption | No side effects

Organic Triphala Powder is a synergistic blend of the dried fruits of Amalaki, Haritaki, and Bibhitaki. Ayurvedic preparation is known for its detoxifying and purifying effects, which aid constipation and improve bowel movement. In Ayurveda, it is regarded as a potent Rasayana that helps reduce Ama and increase Ojas. Its antimicrobial, anti-inflammatory, and antioxidant properties help promote gut health, facilitate digestion, and guard against free radicals.

Pack Size: 100g



ORGANIC MORINGA POWDER

What's Special: 100% Toxin-Free | Sugar-Free | Gluten-Free | Pesticide-Free | Lactose-Free | 100% Vegan | NO added colours/ preservatives | Non-GMO

Organic Moringa Powder is derived from the leaves of the Moringa Oleifera Tree, also known as the Drumstick Tree. This tree is rich in vitamins and minerals. It helps regulate metabolism and boost immunity. In Ayurveda, Moringa helps improve vitality & support holistic well-being due to its high nutritional and antioxidant properties. These properties balance all three doshas in Ayurveda—Vata, Pitta, and Kapha—offering a wide range of health benefits.

Pack Size: 100g

Ayurvedic premium quality herbs offer unique benefits – boosts overall immunity, vigour & vitality.



SHILAJEET RASAYAN

What's Special: 100% Pure & Natural | Enriched with Fulvic acid and 85 vital minerals

Shilajeet Rasayan is a non-hormonal, mineral-rich tablet that helps promote vitality and vigour. This Rasayana contains fulvic acid and 85 naturally occurring vital minerals, which help boost energy levels, strengthen the body's defence against illnesses and viruses, and reduce daily stress. Its potent antioxidant property supports mental and cognitive function.

Pack Size: 60 Tabs | 30g



SHILAJEET RESIN

What's Special: 100% Pure & Natural | Contains 75% Fulvic Acid

100% pure Shilajeet Resin extracted from the Himalayan range that promotes vitality and vigour. It contains 75% fulvic acid and 85 naturally occurring vital minerals, which help boost energy levels, strengthen the body's defence against illnesses and viruses, and reduce daily stress. Its potent antioxidant property protects against free radicals and cellular damage.

Pack Size: 30g



CHYAVANPRASH

what's Special: 100% Pure & Natural | With Natural Vanshlochan | Works on the Root Cause of the problem | Balances all 3 doshas | Vaidya Recommended | Sold in 30+ Countries + 10M + Happy Customers

Maharishi Ayurveda Chyavanprash is prepared precisely as prescribed in Charak Samhita using 43 potent herbs, including **Natural Vanshlochan**, which act synergistically to give your family superior protection & immunity.

Chyavanprash helps prevent seasonal health problems and strengthens the respiratory system.

It also helps nourish all Dhatus (body tissues), boosts Agni (digestion), increases the flow of Prana (vital life force/energy), and removes Ama (toxins), which further builds and strengthens physical and mental strength.

Pack Size: 450g



AYURVEDIC SKIN CARE

Maharishi Ayurveda firmly believes that balanced, vibrant health starts from your inner self. What we eat plays a vital role in how we look and feel. The digestion process involves breaking down food, absorbing nutrients, eliminating toxins, supporting internal detoxification and nourishing and clarifying your skin from the inside out.





Ayurvedic skincare products are curated with natural Ayurvedic herbs to pamper your body, mind and soul



KUMKUMADI TAILA

What's Special: 100% Natural | Skin Rejuvenating | Paraben-Free | Chemical-Free | Non-Sticky Formula

Kumkumadi Taila is an ancient Ayurvedic elixir for radiant and youthful skin – more than a skincare product, it's a wellness ritual. It contains a blend of 25+ herbs and ingredients, including Saffron, Sandalwood, Manjistha, Lotus Extract, Vetiver, and Liquorice. This skin care legacy helps brighten skin tone, reduce dark circles, fight acne, and has natural anti-aging properties. It also deeply hydrates and nourishes the skin.

Pack Size: 10ml

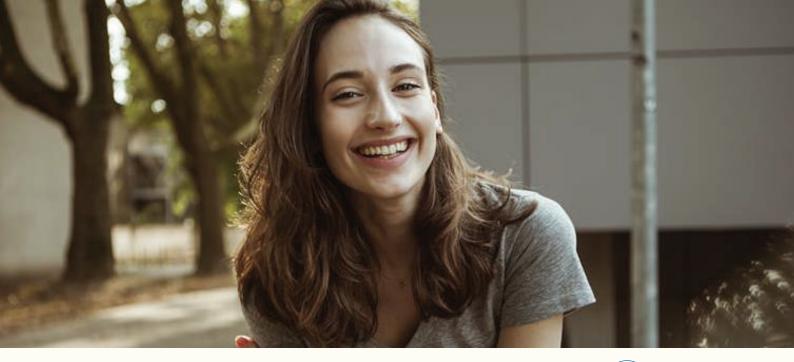


PURE ROSE WATER

What's Special: 100% Natural | Balances Skin's pH Level Paraben-Free | Chemica-Free | Non-Sticky Formula

Rose Sublime is a refreshing, pure rose water extracted from naturally grown hand-picked roses. It acts as an astringent and balances the Skin's pH and moisture level. This natural toner for oily and acne-prone skin has Anti-inflammatory and antioxidant properties. It also helps minimize enlarged pores and hydrates the skin.

Pack Size: 100ml



COSMOS CERTIFIED ORAL CARE

Maharishi Ayurveda has formulated its oral care range to address the root cause of all oral issues by balancing saliva with powerful Ayurvedic herbs. From intense care to gentle protection, it supports lasting oral health naturally.









Ayurvedic oral care products are formulated with traditional Ayurvedic herbs for a radiant smile



AYURDENT TOOTHPASTE - CLASSIC

What's Special: Saliva Balancing Formula | Deep Cleaning | Strong taste | 20 Ayurvedic Herbs | Fluoride Free | Non-Foaming | SLS-Free | Cosmos Certified

Ayurdent Classic Toothpaste is a blend of 20 potent ingredients from Ayurveda that comes with a saliva balancing formula and fights with 6 oral health problems - including plaque, cavities, toothache, sensitivity, bad breath, and bleeding gums. It offers more robust anti-microbial properties and a more intense taste, ideal for deeper cleansing and protection from inflammation.

It works in Three-Way Action: Cleanses and purifies saliva with Neem & Meswak, balances tri doshas with Triphala, and stimulates healthy saliva with Ginger & Mulethi.

Pack Size: 75ml



AYURDENT TOOTHPASTE - MILD

What's Special: Saliva Balancing Formula | Gentle | Cooling | Mild taste | 20 Ayurvedic Herbs | Fluoride Free | Non-Foaming | SLS-Free | Cosmos Certified

Ayurdent Mild Toothpaste is a blend of 20 potent ingredients from Ayurveda that comes with a saliva balancing formula and fights with 6 oral health problems - including plaque, cavities, toothache, sensitivity, bad breath, and bleeding gums. It offers mild taste and helps cleanse, kill bacteria, and boosts saliva for oral health. It also soothes, fights germs, and provides a gentler cooling, refreshing effect.

It works in Three-Way Action: Cleanses and purifies saliva with Neem & Meswak, balances tri doshas with Triphala, and stimulates healthy saliva with Ginger & Mulethi.

Pack Size: 75ml



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