



ONE STEP CLOSER TO  
**HOLISTIC WELLNESS**



**EXTRACTED FROM NATURE**

**100% VEGETARIAN**



**RECOGNIZED BY  
THE ECONOMIC TIMES AS ONE OF  
THE BEST HEALTHCARE BRANDS 2022**



Founded by **Mr.Sushil Khaitan and Mrs.Asha Jindal Khaitan** in 2016, Pure Nutrition is a **100% vegetarian, largely vegan, household nutraceutical brand** with a product portfolio of a wide array of **Cold-pressed edible oils, Nutritional Supplements across Wellness, Personal Care, and Beauty.** The brand was recently conferred "The Economic Times Best Healthcare Brands 2022".

By adopting nature in its purest form in all the products, Pure Nutrition serves as a bridge to a "Healthy Holistic Lifestyle" and is constantly innovating products keeping in mind the health solutions that customers are scouting. While combining **premium, quality ingredients with consistent customer service** at our core identity - all our products are ethically sourced and made with **natural extracts**, don't require a prescription, and are safe to consume. The brand is available across 2500+ retail stores and 15+ online marketplaces in India with a significant presence abroad and a presence on Amazon, Lazada, Shopee, Walmart, etc.

Our legacy, formulations and vision are key differentiators. Not only designed with sustainability as a tenet, **Pure Nutrition** products are also **wholesome and focused on the entire family's well-being.** Our endeavour lies in being a home-grown brand that takes care of your loved ones with all that nature has to offer.

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# **HERBS AND NATURAL SUPPLEMENTS**



# APPLE CIDER VINEGAR

HEALTHY WEIGHT MANAGEMENT FORMULA



## WHY CHOOSE THIS?

- Contains 300 mg of Apple cider vinegar powder
- Enriched with Alfalfa extract and Apple Pectin as prebiotic

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 600 mg)

INGREDIENTS	QTY PER SERVING
Apple Cider Vinegar Powder	300 mg
Apple Pectin	50 mg
Alfa Alfa	40 mg
Cayenne Extract 2%	25 mg
Ginger Root Extract	25 mg
Spirulina	20 mg
Wheat Grass	20 mg
Lecithin	10 mg
Coconut Water Powder	10 mg
Lactic Acid Bacillus	500 million CFU

## BENEFITS

- Supports weight loss and acts as a powerful detoxifier
- Includes natural prebiotic and probiotic blend for improved digestion
- Packed with antioxidants for Immunity
- Supports overall skin health

## HOW TO USE

- Take 1 capsule 2 times daily 30 minutes before meals or as directed by your healthcare professional.

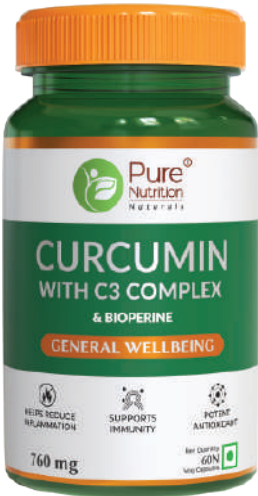
60 Capsules : ₹ 999

90 Capsules : ₹ 1,499

120 Capsules : ₹ 1,998

# CURCUMIN WITH C3 COMPLEX

A UNIQUE COMBINATION OF IMMUNITY  
BOOSTING AYURVEDIC HERBS



## WHY CHOOSE THIS?

- Enriched with 95% curcuminoids & 5% curcumin
- With added benefits of Ginger, Piperine, and Amla extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 2 Capsules 760 mg)

INGREDIENTS	QTY PER SERVING
Curcumin C3 complex (Curcuminoids 95%)	500 mg
Curcumin 5%	100 mg
Amla ( <i>Phyllanthus emblica</i> ) extract	75 mg
Sunthi ( <i>Zingiber officinale</i> ) extract	75 mg
Bioperine™ ( <i>Piper nigrum</i> extract) - 95% Piperine	10 mg

## BENEFITS

- Serves as an immunity booster and helps keep infections at bay
- Anti-inflammatory in nature
- Helps with wound healing and manages infections
- Enriched with piperine, sunthi and Amla extract, a powerful combination that aids respiratory health
- Helps manage joint pain due to inflammation

## HOW TO USE

- Take 2 capsules once a day preferably in the morning

60 Capsules : ₹ 999

90 Capsules : ₹ 1,499

120 Capsules : ₹ 1,998



# CURCUMIN TURMERIC EXTRACT

FOR JOINT PAIN AND IMMUNITY



## WHY CHOOSE THIS?

- Enriched with 95% curcuminoids & 5% curcumin
- With added benefits of Ginger and Piperine

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1200 mg)

INGREDIENTS	QTY PER SERVING
Curcumin 5%	600 mg
Turmeric extract (95% curcuminoids)	400 mg
Ginger ( <i>Zingiber officinale</i> ) extract	100 mg
Black pepper extract (Piperine 95%)	10 mg

## BENEFITS

- Anti-inflammatory and anti-arthritic agents
- Helps relieve joint pain and supports joint function
- Rich in antioxidant, antibacterial, and anti-aging properties
- Supports digestion and boosts immunity

## HOW TO USE

- Take 1 tablet daily after lunch or as directed by your healthcare professional.

60 Tablets : ₹ 699

90 Tablets : ₹ 1,049

120 Tablets : ₹ 1,398

# ORGANIC VIRGIN COCONUT OIL

PROMOTES HEALTHY HAIR & SKIN AND BOOSTS IMMUNITY



## WHY CHOOSE THIS?

- Rich source of MCTs that release instant energy
- Cold pressed for better nutrient retention

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 5 ml)*

### INGREDIENTS

**Virgin Coconut Oil**

## BENEFITS

- Anti-bacterial, anti-fungal, and anti-inflammatory properties
- Rich source of MCTs that release instant energy
- Supports cognition and enhances immunity
- Helps improve skin and hair texture

## HOW TO USE

### For Health Benefits

- Consume 1 tablespoon daily in raw form.
- Useful for regular cooking.
- Can be used for oil pulling.

### For skin and hair:

- Take appropriate quantity and apply it gently or massage all over your hair and body. You can also use it to massage your baby every day.

500 ml : ₹ 999

# VIRGIN COCONUT OIL

PROMOTES HEALTHY HAIR & SKIN AND BOOSTS IMMUNITY



## WHY CHOOSE THIS?

- Rich source of MCTs that release instant energy
- Cold pressed for better nutrient retention

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 5 ml)*

### INGREDIENTS

**Virgin Coconut Oil**

## BENEFITS

- Anti-bacterial, anti-fungal, and anti-inflammatory properties
- Rich source of MCTs that release instant energy
- Supports cognition and enhances immunity
- Helps improve skin and hair texture

## HOW TO USE

### For Health Benefits

- Consume 1 tablespoon daily in raw form.
- Useful for regular cooking.
- Can be used for oil pulling.

### For skin and hair:

- Take appropriate quantity and apply it gently or massage all over your hair and body. You can also use it to massage your baby every day.

500 ml : ₹ 499

# VITALS COCONUT OIL

PROMOTES HEALTHY HAIR & SKIN AND BOOSTS IMMUNITY



## WHY CHOOSE THIS?

- Rich source of MCTs that release instant energy
- Cold pressed for better nutrient retention

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 5 ml)*

### INGREDIENTS

**Virgin Coconut Oil**

## BENEFITS

- Obtained using centrifugal process
- Rich source of antioxidants and MCTs (medium-chain triglycerides) that release instant energy
- Rich in anti-fungal and anti-inflammatory properties
- Provides deep nourishment to skin and hair

## HOW TO USE

### For Health Benefits

- Consume 1 tablespoon daily in raw form.
- Useful for regular cooking.
- Can be used for oil pulling.

### For skin and hair:

- Take appropriate quantity and apply it gently or massage all over your hair and body. You can also use it to massage your baby every day.

250 ml : ₹ 250

# ORGANIC COCONUT OIL SPRAY BOTTLE

IDEAL FOR DRESSING, BAKING AND AIR-FRYING



## WHY CHOOSE THIS?

- 100% organic, virgin, cold-pressed oil. Multipurpose
- use: cooking, skincare, baby care.

## SUPPLEMENT FACTS (Approx.) (Serving Size: Single Spray)

### INGREDIENTS

**Virgin Coconut Oil**

## BENEFITS

- Uses 10X less oil for low-calorie cooking.
- Enhances and supports immune system
- Rich source of powerful antioxidants
- Supports and promotes heart health

## HOW TO USE

- Lightly spray from a distance of 10 inches, applying approximately 5ml per use.

200ml : ₹ 799

# ORGANIC VIRGIN OLIVE OIL

PROMOTES NAIL, SKIN, HAIR, AND HEART HEALTH



## WHY CHOOSE THIS?

- Cold pressed for nutrient retention
- Loaded with Monounsaturated fatty acids

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 5 ml)*

### INGREDIENTS

**Virgin Olive Oil**

### BENEFITS

- Rich in antioxidants and MUFA
- Helps in weight management
- Good moisturizer for hair and skin
- Helps increase HDL for a healthy heart

### HOW TO USE

#### For Health Benefits

- Healthy alternate to regular cooking oil
- Can be used for dressing and garnishing

#### For skin and hair:

- Take appropriate quantity and apply it gently or massage all over your hair and body. You can also use it to massage your baby every day.

500 ml : ₹ 899

# VIRGIN OLIVE OIL

PROMOTES NAIL, SKIN, HAIR, AND HEART HEALTH



## WHY CHOOSE THIS?

- Cold pressed for nutrient retention
- Loaded with Monounsaturated fatty acids

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 5 ml)*

### INGREDIENTS

**Virgin Olive Oil**

## BENEFITS

- Rich in antioxidants and MUFA
- Helps in weight management
- Good moisturizer for hair and skin
- Helps increase HDL for a healthy heart

## HOW TO USE

### For Health Benefits

- Healthy alternate to regular cooking oil
- Can be used for dressing and garnishing

### For skin and hair:

- Take appropriate quantity and apply it gently or massage all over your hair and body. You can also use it to massage your baby every day.

500 ml : ₹ 699



# VITALS OLIVE OIL

PROMOTES NAIL, SKIN, HAIR, AND HEART HEALTH



## WHY CHOOSE THIS?

- Cold pressed for nutrient retention
- Loaded with Monounsaturated fatty acids

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 5 ml)*

### INGREDIENTS

**Virgin Olive Oil**

## BENEFITS

- Rich in monounsaturated fatty acids (MUFAs)
- Rich in antioxidants
- Aids in weight management
- Natural moisturizer for hair and skin

## HOW TO USE

### For Health Benefits

- Healthy alternate to regular cooking oil
- Can be used for dressing and garnishing

### For skin and hair:

- Take appropriate quantity and apply it gently or massage all over your hair and body. You can also use it to massage your baby every day.

250 ml : ₹ 250

# ORGANIC OLIVE OIL SPRAY BOTTLE

IDEAL FOR DRESSING, BAKING AND AIR-FRYING



## WHY CHOOSE THIS?

- 100% organic, virgin, cold-pressed quality. Perfect for
- dressing, baking, and air-frying.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: Single Spray)*

### INGREDIENTS

**Virgin Olive Oil**

## BENEFITS

- Helps increase HDL
- Good for Hair and Skin
- Supports Heart Health
- Rich in ANTioxidants

## HOW TO USE

- Lightly spray from a distance of 10 inches, applying approximately 5ml per use.

200ml : ₹ 899

# ORGANIC AVOCADO OIL SPRAY BOTTLE

IDEAL FOR DRESSING, BAKING AND AIR-FRYING



## WHY CHOOSE THIS?

- 100% organic and cold-pressed for purity.
- Virgin quality ensures premium taste.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: Single Spray)*

### INGREDIENTS

**Virgin Avocado Oil**

## BENEFITS

- Promotes and Supports Heart Health
- Strengthens and Nourishes Hair
- Enhances and Supports Skin Health
- Deeply Moisturizes and Revitalizes Skin

## HOW TO USE

- Lightly spray from a distance of 10 inches, applying approximately 5ml per use.

200ml : ₹ 1199

# MELATONIN SUSTAINED RELEASE 5mg

RELIEVES STRESS AND SUPPORTS SOUND SLEEP



## WHY CHOOSE THIS?

- Contains 5 mg of Melatonin enriched with 250 mg of Valerian extract equivalent to 2500 mg of Valerian powder
- With the added goodness of Chamomile and L-Tryptophan

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 550 mg)

INGREDIENTS	QTY PER SERVING
Valeriana wallichii extract	250 mg
Nardostachys jatamansi extract	100 mg
L-Theanine	50 mg
Melatonin	5 mg
Chamomile extract	5 mg
L-Tryptophan	3 mg
Vitamin B6	2 mg

## BENEFITS

- Supports sound sleep
- Helps regulate cortisol levels
- Helps relieve stress and anxiety
- Helps reduce high blood pressure

## HOW TO USE

- Take 1 tablet daily after dinner or as directed by your healthcare professional.
- Do not consume before driving or handling heavy machinery.

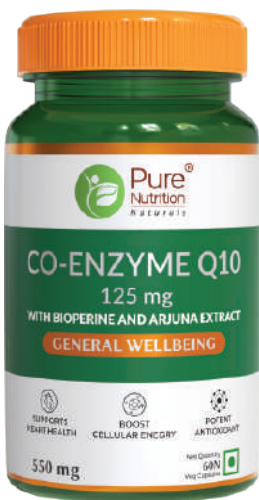
60 Tablets : ₹ 599

90 Tablets : ₹ 899

120 Tablets : ₹ 1,198

# CO-ENZYME Q10 - 125 mg

FOR ENERGY PRODUCTION AND HEART HEALTH



## WHY CHOOSE THIS?

- Contains 125 mg of Co-enzyme Q10
- Enriched with Arjuna Bark extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 capsule 550 mg)

INGREDIENTS	QTY PER SERVING
CoQ10	175 mg
Flaxseed omega	150 mg
Lecithins	75 mg
Coconut water powder	50 mg
Resveratrol	50 mg
Bioperine	5 mg
Arjuna bark extract	100 mg

## BENEFITS

- Crucial for cellular growth
- Increases energy production in the body naturally
- Helps restore brain and nerve cell metabolism
- Reduces hypertension and improves cardiovascular functions

## HOW TO USE

- Take 1 capsule daily after meals or as directed by your healthcare professional.

60 Capsules : ₹ 1,199

90 Capsules : ₹ 1,799

120 Capsules : ₹ 2,398

# CO-ENZYME Q10 - 175 mg

FOR ENERGY PRODUCTION AND HEART HEALTH



## WHY CHOOSE THIS?

- Contains 175 mg of Co-en-  
zyme Q10
- Enriched with Arjuna Bark  
extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 capsule 650 mg)

INGREDIENTS	QTY PER SERVING
CoQ10	175 mg
Flaxseed omega	150 mg
Lecithins	75 mg
Coconut water powder	50 mg
Resveratrol	50 mg
Bioperine	5 mg
Arjuna bark extract	100 mg

## BENEFITS

- Crucial for cellular growth
- Increases energy production in the body naturally
- Helps restore brain and nerve cell metabolism
- Reduces hypertension and improves cardiovascular functions

## HOW TO USE

- Take 1 capsule daily after meals  
or as directed by your healthcare professional.

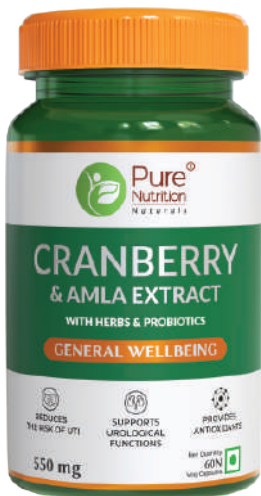
60 Capsules : ₹ 1,499

90 Capsules : ₹ 2,249

120 Capsules : ₹ 2,998

# CRANBERRY PLUS

MANAGES URINARY TRACT INFECTION



## WHY CHOOSE THIS?

- Loaded with 310 mg Cranberry fruit extract
- With added benefits of Probiotics and Amla extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 550 mg)

INGREDIENTS	QTY PER SERVING
Cranberry fruit extract (15:1)	310 mg
Amla ( <i>phyllanthus emblica</i> ) extract	50 mg
Vetiveria Zizanioides extract	30 mg
Coriandrum sativum extract	30 mg
L-Plantarum	3 billion CFU

## BENEFITS

- Ensures smooth urological functioning
- Helps manage urinary tract infection
- Limits the formation of kidney crystals
- Helps protect the body from free radical damage

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by a healthcare professional.

60 Capsules : ₹ 699

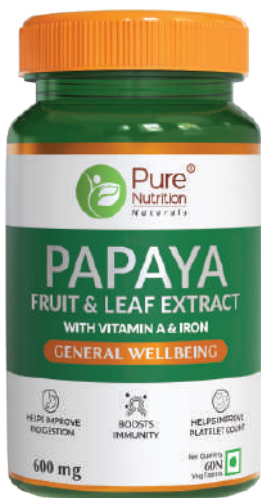
90 Capsules : ₹ 1,049

120 Capsules : ₹ 1,398



# PAPAYA FRUIT & LEAF EXTRACT

FOR BETTER IMMUNITY AND DIGESTION



## WHY CHOOSE THIS?

- Powerful blend of Papaya fruit and leaf extract
- Enriched with Iron as Ferrous fumarate

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 640 mg)

INGREDIENTS	QTY PER SERVING
<i>Carica papaya</i> (leaf & fruit extract)	500 mg
<i>Punica granatum</i> (Pomegranate) extract	35 mg
Vitamin C (Ascorbic acid)	30 mg
Iron (Ferrous Fumarate)	17 mg
Vitamin A (Vitamin A acetate)	600 mcg
Folic acid	100 mcg

## BENEFITS

- Loaded with antioxidants, vitamins & minerals for good health
- Boosts blood platelet production naturally
- Helps stimulate smooth bowel movement
- Improves appetite and helps strengthen the immune system

## HOW TO USE

- Take 1 Tablet twice daily after meals or as directed by a healthcare professional.

60 Tablets : ₹ 599

90 Tablets : ₹ 899

120 Tablets : ₹ 1,198

# SUPER GREENS

BOOSTS HEALTH WITH CONCENTRATED SUPERFOOD NUTRIENTS.



## WHY CHOOSE THIS?

- Rich in vitamins, minerals, antioxidants.
- Convenient, diverse greens in tablets.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tablet 4000 mg)

INGREDIENTS	QTY PER SERVING
Vitamin C	40 mg
Vitamin B3	16 mg
Vitamin B5	5 mg
Vitamin B1	1.4 mg
Vitamin B6	2 mg
Vitamin B12	1 mcg
Manganese	2 mg
Spinacia Oleracea	50 mg
Aloe barbadensis mill	10 mg
Terminalia arjuna	10 mg
Medicago Sativa (alfalfa)	10 mg
Moringa oleifera Pods Powder	10 mg
Spirulina (Aethrospira plantesis)	50 mg
Dried powder	

## BENEFITS

- Energy Boost: Enhances metabolism, energy levels.
- Nervous System Health: Supports brain, nerve function.
- Stress Relief: Reduces stress, balances mood.

## HOW TO USE

- Put 1 effervescent tablet in 120ml of water and consume it after dinner.

20 Eff Tablets : ₹ 599

# APPLE CIDER VINEGAR

HEALTHY WEIGHT MANAGEMENT FORMULA



## WHY CHOOSE THIS?

- ACV tablets are easy to take and avoid the strong taste and smell of liquid ACV, making them more palatable and convenient for daily use.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 4200 mg)

INGREDIENTS	QTY PER SERVING
Apple Cider Vinegar	500 mg
Punica granatum	100 mg
Garcinia cambogia	100 mg
Vitamin B12	2.2 mcg
Vitamin B6	2 mcg

## BENEFITS

- Supports healthy digestion by promoting gut health and improving nutrient absorption.
- May help with weight loss by increasing metabolism
- Helps regulate blood sugar levels, potentially benefiting individuals with insulin resistance or diabetes.

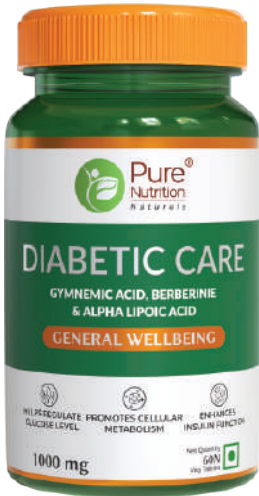
## HOW TO USE

- Put 1 effervescent tablet in 120ml of water and consume it after dinner.

15 Eff Tablets : ₹ 399

# DIABETIC CARE

KEEPS YOUR SUGAR LEVEL IN CONTROL



## WHY CHOOSE THIS?

- Enriched with 75% Gymnemic acids
- With added benefits of Berberine and Jambu beej extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1000 mg)

INGREDIENTS	QTY PER SERVING
Gymnema extract (Gymnemic acid 75%)	110 mg
Vijaysar extract (Alkaloids 0.5%)	100 mg
Berberine extract (Berberine 98%)	100 mg
Alpha lipoic acid	75 mg
Fenugreek ext (50% saponins)	70 mg
Jambu beej extract (Tanin 20%)	70 mg
Karela extract (Alkaloids 0.5%)	70 mg
Turmeric extract	60 mg
Myo-Inositol	50 mg
Vitamin E	5 mg
Chromium picolinate	50 mcg

## BENEFITS

- Helps control blood sugar levels
- Helps increase Insulin production
- Helps improve insulin sensitivity
- Helps reduce weight

## HOW TO USE

- Take 1 tablet twice daily just before meals or as directed by your health care professional.

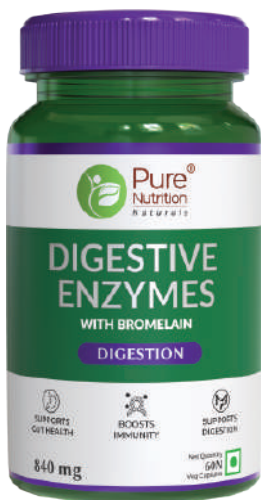
60 Tablets : ₹ 799

90 Tablets : ₹ 1,199

120 Tablets : ₹ 1,598

# DIGESTIVE ENZYMES

BREAKS DOWN FOOD COMPOUNDS AND PROMOTES DIGESTION



## WHY CHOOSE THIS?

- Loaded with about 550 mg of Digestive enzymes
- Enriched with Bromelain and lactase

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 840 mg)

INGREDIENTS	QTY PER SERVING
Amylase	200 mg
Lipase	120 mg
Protease	100 mg
Cellulase	85 mg
Lactase	85 mg
Bromelain (from <i>Ananas comosus extract</i> )	75 mg

## BENEFITS

- Breaks down food compounds for easy nutrient absorption
- Prevents toxicity due to rotten or undigested food
- Reduces indigestion and IBS & IBD symptoms
- Helps relieve abdominal stress

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by your healthcare professional

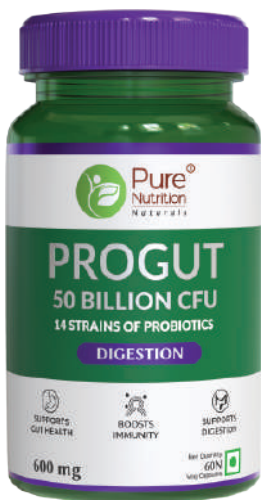
60 Capsules : ₹ 799

90 Capsules : ₹ 1,199

120 Capsules : ₹ 1,598

# PROGUT 50 BILLION CFU

PROMOTES DIGESTIVE HEALTH



## WHY CHOOSE THIS?

- High strength probiotics of 50 billion CFU
- Powerful blend of 14 probiotic strains

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 600 mg)

INGREDIENTS	QTY PER SERVING
Probiotic Blend <ul style="list-style-type: none"><li>- <i>Lactobacillus reutri</i></li><li>- <i>Lactobacillus plantarum</i></li><li>- <i>Lactobacillus fermentum</i></li><li>- <i>Lactobacillus gasseri</i></li><li>- <i>Lactobacillus acidophilus</i></li><li>- <i>Bifidobacterium infantis</i></li><li>- <i>Lactobacillus rhamnosus</i></li><li>- <i>Lactobacillus salivarius</i></li><li>- <i>Lactobacillus paracasei</i></li><li>- <i>Bifidobacterium lactis</i></li><li>- <i>Lactobacillus casei</i></li><li>- <i>Bifidobacterium breve</i></li><li>- <i>Bifidobacterium bifidum</i></li><li>- <i>Streptococcus thermophilus</i></li></ul>	500 mg

## BENEFITS

- Contains 14 strains of probiotic bacteria
- Inhibits the growth of harmful bacteria
- Balances the microflora of the gut
- Promotes digestive health and reduces gut inflammation

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by your healthcare professional.

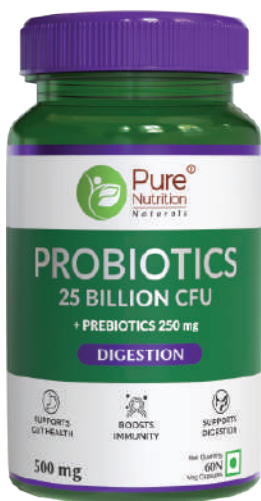
60 Capsules : ₹ 1,299

90 Capsules : ₹ 1,949

120 Capsules : ₹ 2,598

# PROBIOTIC 25 BILLION CFU

SUPPORTS GUT HEALTH AND BOOSTS IMMUNITY



## WHY CHOOSE THIS?

- Enriched with 10 strains of probiotic bacteria
- With added benefits of prebiotics such as Fructo-oligosaccharides (FOS)

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 500 mg)

INGREDIENTS	QTY PER SERVING
Lactobacillus acidophilus	4 Billion CFU
Lactobacillus rhamnosus	2 Billion CFU
Lactobacillus casei	2 Billion CFU
Lactobacillus plantarum	2 Billion CFU
Bifidobacterium bifidum	5 Billion CFU
Bifidobacterium longum	5 Billion CFU
Bifidobacterium infantis	5 Billion CFU
Fructo-oligosaccharides (FOS)	250 mg

## BENEFITS

- Contains 10 strains of probiotic bacteria for a healthy gut
- Prebiotics help feed the probiotics that further improve gut health
- Prevents the growth of harmful bacteria and improves digestion
- Reduces gut inflammation and relieves IBS & IBD symptoms

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by your healthcare professional.

60 Capsules : ₹ 699

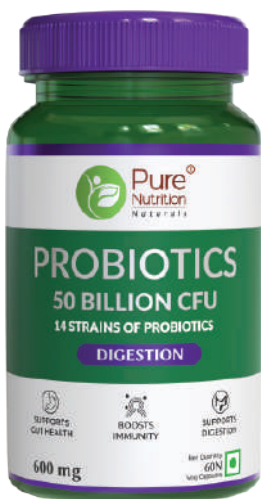
90 Capsules : ₹ 1,049

120 Capsules : ₹ 1,398



# PROBIOTICS 50 BILLION CFU

PROMOTES DIGESTIVE HEALTH



## WHY CHOOSE THIS?

- High strength probiotics of 50 billion CFU
- Powerful blend of 14 probiotic strains

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 600 mg)

INGREDIENTS	QTY PER SERVING
Probiotic Blend <ul style="list-style-type: none"><li>- <i>Lactobacillus reutri</i></li><li>- <i>Lactobacillus plantarum</i></li><li>- <i>Lactobacillus fermentum</i></li><li>- <i>Lactobacillus gasseri</i></li><li>- <i>Lactobacillus acidophilus</i></li><li>- <i>Bifidobacterium infantis</i></li><li>- <i>Lactobacillus rhamnosus</i></li><li>- <i>Lactobacillus salivarius</i></li><li>- <i>Lactobacillus paracasei</i></li><li>- <i>Bifidobacterium lactis</i></li><li>- <i>Lactobacillus casei</i></li><li>- <i>Bifidobacterium breve</i></li><li>- <i>Bifidobacterium bifidum</i></li><li>- <i>Streptococcus thermophilus</i></li></ul>	500 mg

## BENEFITS

- Contains 14 strains of probiotic bacteria
- Inhibits the growth of harmful bacteria
- Balances the microflora of the gut
- Promotes digestive health and reduces gut inflammation

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by your healthcare professional.

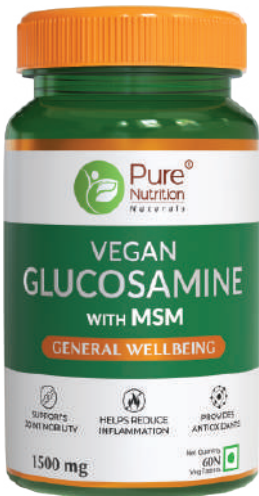
60 Capsules : ₹ 999

90 Capsules : ₹ 1,499

120 Capsules : ₹ 1,998

# VEGAN GLUCOSAMINE WITH MSM

SUPPORTS JOINT HEALTH AND MOBILITY



## WHY CHOOSE THIS?

- Enriched with 65% Boswellic acids
- With added benefits of MSM and Rosehip extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1500mg)

INGREDIENTS	QTY PER SERVING
Glucosamine hydrochloride	750 mg
<i>Boswellia serrata</i> (Gum resin) extract	100 mg
<i>Cissus quadrangularis</i> extract	100 mg
Methyl sulfonyl methane (MSM)	100 mg
<i>Vitex negundo leaf</i> extract	100 mg
Curcumin	50 mg
Rose hip extract	50 mg
Sodium hyaluronate	50 mg
<i>Withania somnifera</i> extract	50 mg

## BENEFITS

- Reduces joint stress and preserves joint cartilage
- Helps conserve joint function and maintain mobility
- Helps reduce joint pain and swelling
- Helps prevent joint deterioration

## HOW TO USE

- Take 1 tablet twice daily after meals or as directed by your healthcare professional.

60 Tablets : ₹ 699

90 Tablets : ₹ 1,049

120 Tablets : ₹ 1,398

# BERBERINE 98%

KEEPS YOUR SUGAR LEVEL IN CONTROL



## WHY CHOOSE THIS?

- Enriched with 75% Gymnemic acids
- With added benefits of Berberine and Jambu beej extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1000 mg)

INGREDIENTS	QTY PER SERVING
Gymnema extract (Gymnemic acid 75%)	110 mg
Vijaysar extract (Alkaloids 0.5%)	100 mg
Berberine extract (Berberine 98%)	100 mg
Alpha lipoic acid	75 mg
Fenugreek ext (50% saponins)	70 mg
Jambu beej extract (Tanin 20%)	70 mg
Karela extract (Alkaloids 0.5%)	70 mg
Turmeric extract	60 mg
Myo-Inositol	50 mg
Vitamin E	5 mg
Chromium picolinate	50 mcg

## BENEFITS

- Helps control blood sugar levels
- Helps increase Insulin production
- Helps improve insulin sensitivity
- Helps reduce weight

## HOW TO USE

- Take 1 tablet twice daily just before meals or as directed by your health care professional.

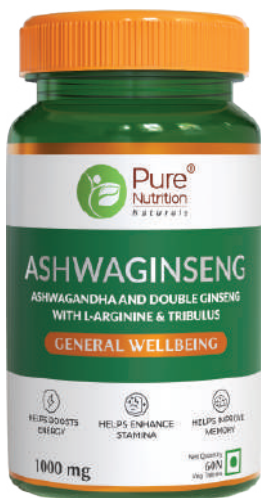
60 Capsules : ₹ 1,199

90 Capsules : ₹ 1,799

120 Capsules : ₹ 2,398

# ASHWAGINSENG

BOOSTS LIBIDO NATURALLY



## WHY CHOOSE THIS?

- Ashwagandha extract equivalent to 1000 mg of Ashwagandha powder with 5% withanolides
- With added benefits of Korean ginseng

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 600 mg)

INGREDIENTS	QTY PER SERVING
L-Arginine	200 mg
Ashwagandha root extracts	200 mg
Chlorophytum borivillianum root extract	150 mg
Korean ginseng root extract	100 mg
Tribulus terrestris fruit extract	100 mg
Mucuna pruriens seed extract	100 mg
Shatavari root extract	100 mg
Ginkgo biloba leaves extract	40 mg
Gojiberry extract	40 mg
Fenugreek seed extract	40 mg
Pepper fruit extract	5 mg

## BENEFITS

- Helps relieve stress and anxiety
- Helps improve muscle strength and boosts stamina
- Helps boost testosterone levels
- Helps enhance libido and improve performance

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

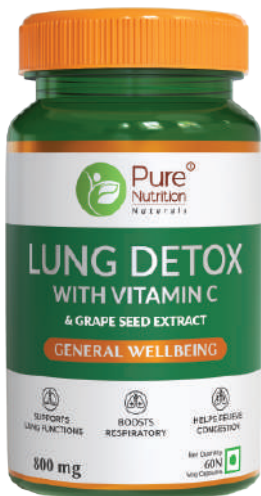
60 Tablets : ₹ 649

90 Tablets : ₹ 974

120 Tablets : ₹ 1,298

# LUNG DETOX

FOR NATURAL LUNG DETOXIFICATION



## WHY CHOOSE THIS?

- Contains 375 mg of Vasaka leaves extract
- Enriched with vitamin C and Stinging Nettle extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 800 mg)

INGREDIENTS	QTY PER SERVING
Stinging Nettle ( <i>Urtica dioica</i> ) leaves extract	225 mg
Quercetin (95%)	75 mg
Echinacea ( <i>Echinacea purpurea</i> ) extract - 4% Polyphenols	75 mg
Lotus ( <i>Nelumbo nucifera</i> ) rhizome extract	75 mg
<i>Inula racemosa</i> root extract (1% Total volatile oil)	50 mg
Licorice ( <i>Glycyrrhiza glabra</i> ) root extract - 2% Glycyrrhizin	50 mg
Ginger ( <i>Zingiber officinale</i> ) rhizome extract - 2% Gingerols	50 mg
Vitamin-C (Ascorbic acid)	40 mg
Grape Seed ( <i>Vitis vinifera</i> ) extract (95% Proanthocyanidin)	30 mg
Vasaka ( <i>Adhatoda vasica</i> ) leaves extract	25 mg
Elaichi ( <i>Elettaria cardamomum</i> ) fruit extract	10 mg
<i>Piper nigrum</i> fruit extract (95% Piperine)	5 mg

## BENEFITS

- Helps detoxify lungs and supports lung function
- Protects lungs against harmful effects of pollution
- Improves breathing by easing congestion
- Boosts respiratory health

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by your healthcare professional.

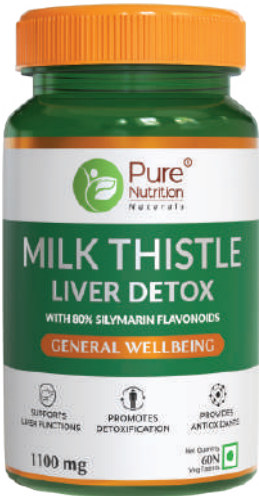
60 Capsules : ₹ 649

90 Capsules : ₹ 974

120 Capsules : ₹ 1,298

# MILK THISTLE LIVER DETOX

FOR NATURAL LIVER DETOXIFICATION



## WHY CHOOSE THIS?

- Equivalent to 1000 mg of Milk thistle powder
- Enriched with N-Acetyl L- Cysteine

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1100 mg)

INGREDIENTS	QTY PER SERVING
Milk Thistle ( <i>Silybum marianum</i> ) extract	250 mg
N-Acetyl-L-cysteine (NAC)	150 mg
Dandelion extract	100 mg
Curcumin 95%	75 mg
Amla ( <i>Phyllanthus emblica</i> ) fruit extract	50 mg
10% tanins	
Bhuiaamlaki ( <i>Phyllanthus amarus</i> ) extract	50 mg
0.5% bitters	
<i>Cichorium intybus</i>	50 mg
Kutki ( <i>Picrorhiza kurroa</i> ) extract 0.5% bitters	50 mg
Vitamin C	20 mg
Black pepper extract	1 mg

## BENEFITS

- Supports liver function and promotes detoxification
- Reduces oxidative stress on the liver
- Helps prevent liver inflammation
- Helps relieve abdominal stress

## HOW TO USE

- Take 1 tablet twice daily before meals or as directed by your healthcare professional.

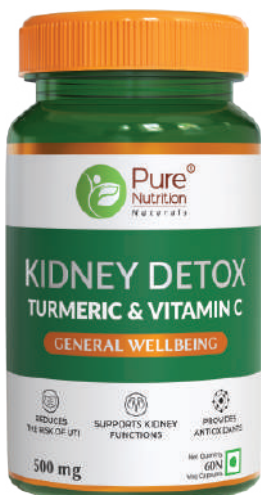
60 Tablets : ₹ 999

90 Tablets : ₹ 1,499

120 Tablets : ₹ 1,998

# KIDNEY DETOX

SUPPORTS HEALTHY KIDNEY FUNCTION



## WHY CHOOSE THIS?

- Contains 500 mg of Boerhavia diffusa extract
- Enriched with Coenzyme Q10

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 500 mg)

INGREDIENTS	QTY PER SERVING
<i>Boerhavia diffusa</i>	50 mg
L-Taurine	50 mg
N-acetyl cystine	50 mg
<i>Tribulus terrestris</i>	50 mg
Rosehip extract (Vitamin C source)	30 mg
Flaxseed powder	20 mg
Milk thistle	20 mg
Pepper extract	20 mg
Pumpkin seed extract	20 mg
Resveratrol 1%	20 mg
Turmeric extract	20 mg
<i>Zingiber officinalis</i>	17 mg
Alpha lipoic acid	10 mg
Co-enzyme Q10	10 mg
Pyridoxal phosphate	1 mg

## BENEFITS

- Helps prevent growth & nucleation of calcium oxalate crystals in kidneys
- Enhances digestion and protects the gut lining joints
- Reduces the risk of kidney disease and UTI
- Supports healthy Kidney functions

## HOW TO USE

- Take 1 capsule twice daily after meals or as directed by your healthcare professional.

60 Capsules : ₹ 699

90 Capsules : ₹ 1,049

120 Capsules : ₹ 1,398



# L-ARGININE

EASES BLOOD CIRCULATION AND SUPPORTS HEART HEALTH



## WHY CHOOSE THIS?

- Contains 1000 mg L Arginine
- Enriched with Beetroot extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 2 capsule 1500 mg)

INGREDIENTS	QTY PER SERVING
L-Arginine HCL	1000 mg
L-Citrulline	100 mg
Beetroot extract	80 mg
Caffeine	70 mg

## BENEFITS

- Helps reduce high blood pressure
- Helps improve blood flow and elasticity of blood vessels
- Increases GH production for normal functioning of the body
- Supports heart health and promotes recovery

## HOW TO USE

- Take 2 capsules once daily or as directed by your healthcare professional.

60 Capsules : ₹ 649

90 Capsules : ₹ 974

120 Capsules : ₹ 1,298

# GARCINIA CAMBOGIA

POTENT WEIGHT MANAGEMENT FORMULA



## WHY CHOOSE THIS?

- Contains 300 mg Garcinia cambogia extract (60% HCA)
- With added benefits of L-carnitine and seaweed extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 capsule 700 mg)

INGREDIENTS	QTY PER SERVING
Garcinia cambogia extract (60% HCA)	300 mg
L-Carnitine	100 mg
Seaweed extract	75 mg
Green coffee extract	50 mg
Apple cider vinegar	50 mg
Guggul	50 mg
Piperine	5 mg

## BENEFITS

- Rich in weight loss properties
- Suppresses hunger and regulates your appetite
- Helps regulate fat and reduce cholesterol levels
- Boosts metabolism and enhances overall health

## HOW TO USE

- Take 1 capsule twice daily before meals or as directed by your healthcare professional.

60 Capsules : ₹ 899

90 Capsules : ₹ 1,349

120 Capsules : ₹ 1,798

# APPLE CIDER VINEGAR (LIQUID)

SUPPORTS DIGESTION AND WEIGHT MANAGEMENT



## WHY CHOOSE THIS?

- Enriched with mother of vinegar
- Potent formula for detoxification and weight management

## SUPPLEMENT FACTS (Approx.) (Serving Size: 30 ml)

INGREDIENTS	QTY PER SERVING
Vitamin C	4.41 mg
Calcium	14.35 mg
Sodium	4.83 mg
Potassium	26.22 mg
Iron	0.07 mg
Zinc	1.08 mg
<b>100% Natural Apple Juice Fermented to 4% Acidity.</b>	

## BENEFITS

- Non-pasteurized and contains mother of vinegar for extra potency
- Promotes detoxification and supports digestion
- Supports heart health and boosts immunity
- Helps manage weight and blood sugar

## HOW TO USE

- Add 1 tablespoon apple cider vinegar to 1 cup of warm water. Drink 20 minutes before a meal or as directed by your healthcare professional. It can be used in salads as a dressing.
- Non Diabetics may add 1 tablespoon of natural honey for enhanced benefits or as directed by your healthcare professional.

500 ml : ₹ 299

# NONI GOLD JUICE

PROMOTES DETOXIFICATION AND SUPPORTS WEIGHT LOSS



## WHY CHOOSE THIS?

- Contains 80 g Noni extract
- Enriched with Ashwagandha and garcinia cambogia extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 30 ml)

INGREDIENTS	QTY PER SERVING
Noni (Morinda citrifolia) extract	80 g
Garcinia (Garcinia cambogia) extract	4 g
Aloe Vera (Aloe barbadensis) extract	5 g
Amla (Embolica officinalis) extract	5 g
Ashwagandha (Withania somnifera) extract	3.33 g
Grape Seed (Vitis vinifera) extract	0.90 g

## BENEFITS

- Ashwagandha and other natural extracts help boost immunity
- Promotes energy levels and improves physical performance
- Improves digestion and supports weight loss
- Promotes detoxification and improves skin health

## HOW TO USE

- Mix 15- 30ml of Pure Nutrition noni gold juice in water and have it on an empty stomach.

400 ml : ₹ 499

# VEGAN PROTEIN (BANANA STRAWBERRY FLAVOR)

PROMOTES STRONGER MUSCLE AND QUICKER RECOVERY



## WHY CHOOSE THIS?

- Contains 25 g of protein per serving
- Enriched with digestive blend for better absorption

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 scoop 33 gm)

INGREDIENTS	QTY PER SERVING
Omega 3 Fatty Acid	150 mg
Digestive Blend	
-Papain	50 mg
-Pepsin	50 mg
Piperine 95%	3.3 mg
Turmeric Root Ext.(Curcuma Longa)	3.3 mg
Bromelain from <i>Ananas comasus</i>	3.3 mg
Pink Salt (Sodium Chloride)	165 mcg
Excipients	q.s.

## BENEFITS

- Promotes muscle strength and recovery
- Phytonutrients and dietary fibers boost immunity
- Infused with digestive enzymes for easy digestion
- Contains omega-3 fatty acids to reduce inflammation

## HOW TO USE

- Add 1 serving (33 gm) in water or preferred beverage
- Take once a day or as suggested by a healthcare professional

1 Kg : ₹ 2499

# VEGAN PROTEIN (CHOCOLATE FLAVOR)

PROMOTES STRONGER MUSCLE AND QUICKER RECOVERY



## WHY CHOOSE THIS?

- Contains 25 g of protein per serving
- Enriched with digestive blend for better absorption

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 scoop 33 gm)

INGREDIENTS	QTY PER SERVING
Omega 3 Fatty Acid	150 mg
Digestive Blend	
-Papain	50 mg
-Pepsin	50 mg
Piperine 95%	3.3 mg
Turmeric Ext.	3.3 mg
Bromelain from <i>Ananas comasus</i>	3.3 mg
Pink Salt	165 mcg

## BENEFITS

- Promotes muscle strength and recovery
- Phytonutrients and dietary fibers boost immunity
- Infused with digestive enzymes for easy digestion
- Contains omega-3 fatty acids to reduce inflammation

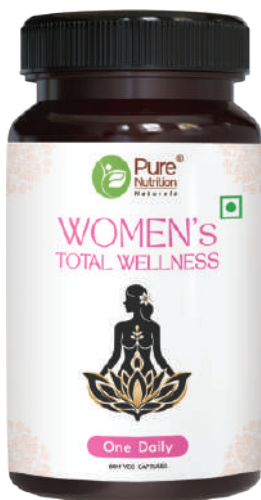
## HOW TO USE

- Add 1 serving (33 gm) in water or preferred beverage
- Take once a day or as suggested by a healthcare professional

1 Kg : ₹ 2499

# WOMEN TOTAL WELLNESS

BOOSTS SEXUAL HEALTH AND ENERGY LEVELS



## WHY CHOOSE THIS?

- Enriched with herbs for enhanced energy
- A potent formula for reproductive health

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 450 mg)

INGREDIENTS	QTY PER SERVING
Shatavari (Asparagus racemosus) Rhizome Extract	60 mg
Ashoka (Saraca asoca) Bark Extract	70 mg
Lodhra (Symplocos racemosa) Bark Extract	65 mg
Mulethi (Glycyrrhiza glabra) Root Extract	55 mg
Nag Bhasma (Plumbum)	30 mg
Loh Bhasma (Ferrum)	50 mg
Bang Bhasma (Stannum)	40 mg
Ras sindoor (Ras sindoor Shatgun)	30 mg
Abrak Bhasma	50 mg

## BENEFITS

- Helps manage hormone levels
- Provides relief from premenstrual symptoms
- Promotes healthy uterine function
- Rich in antioxidants and phytoestrogens

## HOW TO USE

- Take 1 to 2 capsule twice a day with milk or as directed by the physician.

60 Capsules : ₹ 1,499

90 Capsules : ₹ 2,249

120 Capsules : ₹ 2,998

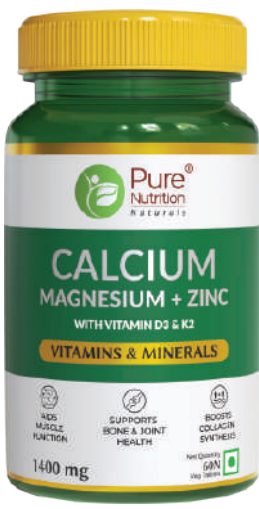
A vibrant background image featuring several slices of fresh oranges and a single green leaf. The oranges are cut into various sizes, showing the juicy segments and white pith. The leaf is dark green with visible veins. The entire scene is set against a warm, yellowish-orange gradient background.

# **VITAMINS AND MINERALS**



# CALCIUM MAGNESIUM + ZINC

HELPS MANAGE RAPID DEPLETION OF CALCIUM LEVELS



## WHY CHOOSE THIS?

- Contains 1000 mg of Calcium citrate
- With added benefits of Vitamin D, K and Magnesium

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1250 mg)

INGREDIENTS	QTY PER SERVING
Calcium (from calcium citrate malate)	1000 mg
Magnesium	50 mg
Zinc (as Zinc Sulphate)	4 mg
Vitamin K (Phyllaquinone)	50 mcg
Vitamin D (Ergocalciferol)	10 mcg
Moringa oleifera extract	50 mg

## BENEFITS

- Aids growth and development of bones and teeth
- Elemental calcium protects against kidney stone formation
- Helps boost collagen synthesis in bone tissues
- Support healthy bone mineralization

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

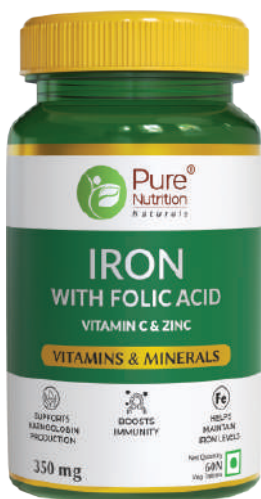
60 Tablets : ₹ 599

90 Tablets : ₹ 899

120 Tablets : ₹ 1,198

# IRON WITH FOLIC ACID

SUPPORTS HEMOGLOBIN FORMATION



## WHY CHOOSE THIS?

- Contains 19 mg of highly absorbable Iron in the form of Ferrous biglycinate
- Enriched with Vitamin C for better absorption of iron

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 350 mg)

INGREDIENTS	QTY PER SERVING
Vitamin C (L-Ascorbic Acid)	80 mg
<i>Ficus carica</i> extract	50 mg
Iron as Ferrous biglycinate	19 mg
Zinc sulphate e.q. to elemental zinc	8 mg
Folic Acid	176 mcg
Vitamin B12	2.2 mcg

## BENEFITS

- Helps fight iron deficiency
- Promotes red blood cell production
- Helps prevent iron deficiency anemia
- Encourages healthy immune function

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

60 Tablets : ₹ 499

90 Tablets : ₹ 748

120 Tablets : ₹ 998

# ZINC - ZMA

IMPROVES MUSCLE RECOVERY AND ENDURANCE



## WHY CHOOSE THIS?

- Equivalent to 17 mg of Zinc oxide
- Enriched with L-Tyrosine for added benefits

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 800 mg)

INGREDIENTS	QTY PER SERVING
L-tyrosine	100 mg
Magnesium (as Magnesium oxide )	90 mg
Zinc (as Zinc oxide)	17 mg
Vitamin B6	2.4 mg

## BENEFITS

- Boosts cell & muscle growth and repair
- Improves endurance & recovery
- Supports mental health and enhances sleep quality
- Supports better nerve function & heart health

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

60 Tablets : ₹ 649

90 Tablets : ₹ 974

120 Tablets : ₹ 1,298

# MAGNESIUM GLYCINATE

HELPS STRENGTHEN BONES, MUSCLES AND NERVE HEALTH



## WHY CHOOSE THIS?

- Loaded with 220 mg of high absorbing Magnesium glycinate
- Enriched with natural source of Magnesium *Phaseolus radiatus*
- With added benefits of Zinc oxide for better immunity

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 350 mg)

INGREDIENTS	QTY PER SERVING
Magnesium glycinate	220 mg
<i>Phaseolus radiatus</i> extract	75 mg
Zinc oxide	8 mg

## BENEFITS

- Strengthens muscles and helps ease cramps
- Helps improve bone density
- Helps relax and sleep better
- Helps combat physical/mental exhaustion

## HOW TO USE

- Take 1 tablet twice daily after meals or as directed by your healthcare professional.

60 Tablets : ₹ 649

90 Tablets : ₹ 974

120 Tablets : ₹ 1,298

# VITAMIN D3 + K2

AIDS CALCIUM ABSORPTION FOR HEALTHY BONES AND JOINTS



## WHY CHOOSE THIS?

- Contains 15 mcg of vegan Vitamin D3 extracted from Lichen
- Enriched with K2 for better absorption

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 350 mg)

INGREDIENTS	QTY PER SERVING
Vitamin K2 (Mk-7)	55 mcg
Vitamin D3 (Lichen source)	15 mcg

## BENEFITS

- Provides vitamin D3 in most bioactive and absorbable form
- Promotes and supports bone & joint health
- Supports cardiovascular health
- Helps boost immunity

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

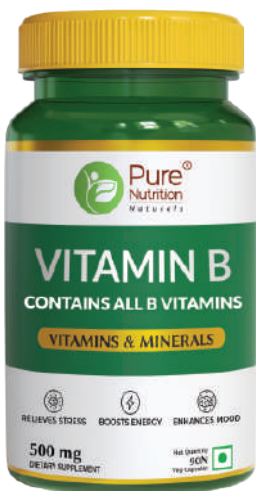
60 Tablets : ₹ 599

90 Tablets : ₹ 899

120 Tablets : ₹ 1,198

# VITAMIN B

FOR ENERGY, MENTAL POWER AND METABOLISM



## WHY CHOOSE THIS?

- With more than 300 mg of B vitamin blend
- Enriched with Inositol

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 500 mg)

INGREDIENTS	QTY PER SERVING
Vitamin B1 (Thiamine Mononitrate)	100 mg
Vitamin B2 (Riboflavin)	100 mg
Vitamin B3 (Niacinamide)	100 mg
Vitamin B5 (Calcium d-Pantothenate)	10 mg
Vitamin B6 (Pyridoxine HCL)	10 mg
Vitamin B12 (Cyanocobalamin)	500 mcg
Biotin	200 mcg
Folic acid	1000 mcg
Choline Bitartrate	10 mg
Inositol	10 mg

## BENEFITS

- Rich blend of B vitamins helps boost energy levels
- Supports healthy cell functioning
- Helps relieve stress and anxiety
- Enhances mood and memory

## HOW TO USE

- Take 1 capsule daily after meal or as directed by a healthcare professional.

60 Capsules : ₹ 799

90 Capsules : ₹ 1,199

120 Capsules : ₹ 1,598

# VITAMIN B12

FOR ENERGY, MENTAL POWER AND METABOLISM



## WHY CHOOSE THIS?

- With 1500 mcg of B12 vitamin methylcobalamin
- Enriched with Inositol

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 350 mg)*

INGREDIENTS	QTY PER SERVING
Vitamin B12 (Methylcobalamin source)	1500 mcg

## BENEFITS

- Rich blend of B vitamins helps boost energy levels
- Supports healthy cell functioning
- Helps relieve stress and anxiety
- Enhances mood and memory

## HOW TO USE

- Take 1 Tablet daily after meal or as directed by a healthcare professional.

60 Tablets : ₹ 699

90 Tablets : ₹ 1,049

120 Tablets : ₹ 1,398

# VITAMIN C

FOR BONE, SKIN AND OVERALL HEALTH



## WHY CHOOSE THIS?

- Contains 40 mg of vitamin C
- Contains natural Vitamin C from Amla extract and Orange peel extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1250 mg)

INGREDIENTS	QTY PER SERVING
Orange peel extract	500 mg
Indian Gooseberry ( <i>Phyllanthus emblica</i> )	500 mg
Vitamin C (Ascorbic acid)	40 mg

## BENEFITS

- Promotes healthy and glowing skin
- Supports bone and joint health
- Boosts the production of immune cells
- Provides antioxidant benefits

## HOW TO USE

- Take 1 tablet daily after meal or as directed by a healthcare professional.

60 Tablets : ₹ 599

90 Tablets : ₹ 899

120 Tablets : ₹ 1,198



# NATURAL VITAMIN C

FOR BONE, SKIN AND OVERALL HEALTH



## WHY CHOOSE THIS?

- High-dose vitamin C for immunity.
- Convenient, daily antioxidant support.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 4000 mg)

INGREDIENTS	QTY PER SERVING
Phyllanthus Emblica	600 mg
L Extract (Amla)	400 mg
Vitamin C	40 mg
Zinc Sulphate	10 mg
	5 mg

## BENEFITS

- Immune Support: Strengthens immune system.
- Antioxidant: Protects cells from damage.
- Collagen Production: Supports skin, tissue repair.
- Iron Absorption: Enhances iron uptake.

## HOW TO USE

- Put 1 effervescent tablet in 120ml of water and consume it after dinner.

20 Eff Tablets : ₹ 499

# MULTIVITAMIN FOR MEN

FULFILLS NUTRITIONAL REQUIREMENT OF MEN



## WHY CHOOSE THIS?

- A rich blend of vitamins and minerals for overall health
- A potent formula for improved energy levels and immunity

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1400 mg)

INGREDIENTS	QTY PER SERVING	INGREDIENTS	QTY PER SERVING
Flaxseed powder (Omega 3)	100 mg	Citrus bioflavanoids	10 mg
Vitamin C	80 mg	Calcium pantothenate	5 mg
Protein hydrolysate	75 mg	Resveratrol 1%	5 mg
Magnesium oxide	50 mg	Manganese sulphate	4 mg
Korean ginseng extract	50 mg	Riboflavin	2.5 mg
Astaxanthin	02 mg	Vitamin B5	2.5 mg
Alfa alfa	30 mg	Vitamin B6	2.4 mg
Fenugreek extract	30 mg	Copper sulphate	1.7 mg
Moringa oleifera extract	30 mg	Vitamin B1	1.8 mg
Green tea extract	25 mg	Lycopene 10%	2500 mcg
Mucuna pruriens extract	25 mg	Vitamin A (acetate)	1000 mcg
Grapeseed extract	25 mg	Folic Acid	117.6 mcg
Ginkgo biloba extract	20 mg	Selenium (as sodium selenite)	40 mcg
Niacinamide	18 mg	Biotin	30 mcg
Zinc (as Zinc sulphate)	15 mg	Vitamin D2	15 mcg
Vitamin E (50% dry powder)	10 mg	Vitamin B12	2.2 mcg
Iron (elemental)	10 mg		

## BENEFITS

- Contains 32+ vital nutrients for healthy body functions
- Promotes muscle growth and builds endurance
- Improves bone health
- Boosts energy and immunity

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

30 Tablets : ₹ 499

60 Tablets : ₹ 899

90 Tablets : ₹ 1,349

120 Tablets : ₹ 1,798

# MULTIVITAMIN FOR WOMEN

FULFILLS NUTRITIONAL REQUIREMENT OF WOMEN



## WHY CHOOSE THIS?

- A rich blend of vitamins and minerals for overall health
- A potent formula for improved energy levels and hormonal balance

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1500 mg)

INGREDIENTS	QTY PER SERVING	INGREDIENTS	QTY PER SERVING
Flaxseed powder (Omega 3 )	100 mg	Soya extract (Glycine max)	10 mg
Vitamin C	65 mg	Resveratrol 1%	5 mg
Calcium Citrate	50 mg	Manganese sulphate	4 mg
Chasteberry extract	50 mg	Vitamin B5	2.5 mg
Shatavari extract	50 mg	Riboflavin	1.9 mg
Cranberry extract	30 mg	Vitamin B6	1.9 mg
Hibiscus extract	30 mg	Vitamin B1	1.4 mg
GLA (Borage oil)	30 mg	Copper sulphate	1.7 mg
Pomegranate extract	30 mg	Boron	1 mg
Alfa alfa	30 mg	Lactobacillus acidophilus	100 m CFU
Centellia asiatica extract	30 mg	Lycopene 10%	2500 mcg
Isoflavones	25 mg	Vitamin A (acetate)	840 mcg
Grape seed extract	25 mg	Folic Acid	129.4 mcg
Niacinamide	11 mg	Biotin	30 mcg
Iron (as Ferrous sulphate)	14 mg	Selenium (as sodium selenite)	40 mcg
Zinc (as Zinc sulphate)	12 mg	Iodine (as potassium iodide)	50 mcg
Vitamin E (50 % dry powder)	10 mg	Vitamin D3	15 mcg
Choline bitartrate	10 mg	Vitamin B12	2.2 mcg
Citrus bioflavanoids	10 mg	Chromium (as Picolinate)	2 mcg

## BENEFITS

- Contains 37+ vital nutrients for healthy body functions
- Helps relieve PMS symptoms and maintain hormonal balance
- Boosts energy and fights fatigue
- Improves bone health

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

30 Tablets : ₹ 499

60 Tablets : ₹ 899

90 Tablets : ₹ 1,349

120 Tablets : ₹ 1,798

# WHOLE FOOD MULTIVITAMIN

FORMULATED TO SUPPORT ENERGY, IMMUNITY & BONE HEALTH



## WHY CHOOSE THIS?

- A rich blend of vitamins and minerals sourced from natural food extracts
- A potent formula for improved energy levels and immunity

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1200 mg)

INGREDIENTS	QTY PER SERVING	INGREDIENTS	QTY PER SERVING
Vitamin A (Beta carotene from Spinach)	1000 mcg	Phosphorus (from Wheatgrass)	60 mg
Vitamin D3 (from Lichen)	15 mcg	Iodine (from Organic Kelp)	140 mcg
Vitamin E (from Sunflower)	10 mg	Magnesium (from Moringa leaves)	150 mg
Vitamin K2 (from Licheniformis)	55 mcg	Zinc (Natural amino acid chelate)	13 mg
Vitamin B1 (from Moringa leaves)	1.8 mg	Selenium (L- selenomethionine)	40 mcg
Vitamin B2 (from Moringa leaves)	2.5 mg	Copper (Natural amino acid chelate)	1.7 mg
Vitamin B3 (Natural Niacinamide)	18 mg	Manganese (from Spinach, Wheatgrass and Spirulina)	1.5 mg
Vitamin B5 (from Mushroom - Shiitakes)	5 mg	Chromium (Organically bound w/GTF activity)	50 mcg
Vitamin B6 (Natural Pyridoxal-5'-phosphate)	2.4 mg	Molybdenum (Molybdenum Krebs complex)	40 mcg
Vitamin B12 (Natural Methylcobalamin)	2.2 mcg	Organic fruit & Vegetable Blend	60 mg
Vitamin C (from Acerola cherry)	80 mg	- Organic Carrot (root) extract	20 mg
Biotin (from Sesbania agati)	40 mcg	- Organic Blueberry (fruit) extract	20 mg
Folic acid	300 mcg	- Organic Pomegranate (fruit) extract	20 mg
Calcium (from Algae & Natural citrate)	600 mg		
Iron (Natural ferrous fumarate)	15 mg		

## BENEFITS

- Improves energy levels and overall health
- Helps boost immunity and reduces fatigue
- Supports strengthening of bones
- Provides antioxidant benefits

## HOW TO USE

- Take 1 tablet daily with food or as directed by your healthcare professional.

60 Tablets : ₹ 649

90 Tablets : ₹ 974

120 Tablets : ₹ 1,298

# JUNIOR MULTIVITAMIN GUMMIES

PROMOTES HEALTHY GROWTH OF YOUR CHILD



## WHY CHOOSE THIS?

- Enriched with a blend of vitamins and minerals
- Tasty treats that improve energy levels and support linear development

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Gummy 3600 mg)

INGREDIENTS	QTY PER SERVING
Vitamin C	12 mg
Ashwagandha extract	10 mg
Iron	6.5 mg
Lysine	5 mg
FOS	5 mg
Vitamin E	2.5 mg
Pantothenic acid	1.25 mg
Zinc	1 mg
Magnesium	0.5 mg
Dietary Folate	0.065 mg
Vitamin A	187.5 mcg
Biotin	20 mcg
Iodine	19 mcg
Vitamin D	1.25 mcg
Vitamin B12	1 mcg

## BENEFITS

- Supports healthy growth and development
- Good for bone, teeth, and muscle health
- Enhances cognitive functions and intellectual curiosity
- Helps with sound sleep and boosts immunity

## HOW TO USE

- Take 1 Gummy daily after a meal or as directed by your healthcare professional.

30 Gummies : ₹ 599



# **BEAUTY AND OMEGAS**

# OMEGA 3-5-6-7-9

SUPPORTS JOINT, HEART, BRAIN, AND EYE HEALTH



## WHY CHOOSE THIS?

- Enriched with 5 types of Omega
- Enriched with Sea Buckthorn oil and Flaxseed oil

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Veg Softgel 1000 mg)

INGREDIENTS	QTY PER SERVING
Flaxseed Oil (ICAR/NAIP)	300 mg
Borage Oil	200 mg
Sea Buckthorn Oil	200 mg
Olive Oil	200 mg
Pomegranate Seed Oil	100 mg

## BENEFITS

- Supports cardiovascular health
- Provides anti-inflammatory properties
- Protects against nerve damage due to diabetes
- Supports brain function, cognitive skills, and eye health

## HOW TO USE

- Take 1 softgel daily after a meal or as recommended by your healthcare professional.

60 Softgels : ₹ 999

90 Softgels : ₹ 1,499

120 Softgels : ₹ 1,998

120 Softgels : ₹ 2,497

# VEG OMEGA

FOR HEALTHY HEART, EYE, AND BRAIN



## WHY CHOOSE THIS?

- The only blend that provides a combination of EPA and DHA in a vegetarian source.
- Enriched with Astaxanthin

## SUPPLEMENT FACTS (Approx.) (Serving Size: 2 Veg Softgels 1700 mg)

INGREDIENTS	QTY PER SERVING
Algal Oil (Standardized to 40% DHA from <i>Schizochytrium</i> )	1000 mg
Spirulina Powder (Standardized to 60% protein from <i>Arthrospira platensis</i> )	500 mg
Natural Mixed Carotenoids (standardized to 20% Beta carotene)	100 mg

## BENEFITS

- Rich source of DHA for healthy brain and eyes
- EPA helps fight inflammation and improve joint health
- Algal oil helps reduce the risk of cardiovascular disease
- Enhances endurance and helps prevent muscle & skeletal damage

## HOW TO USE

- Take 2 softgels daily after meals or as recommended by your healthcare professional.

60 Softgels : ₹ 999

90 Softgels : ₹ 1,499

120 Softgels : ₹ 1,998

120 Softgels : ₹ 2,497



# BIOTIN 10,000 mcg

FOR HEALTHY SKIN, HAIR & NAILS



## WHY CHOOSE THIS?

- Equivalent to 10mg of Biotin
- Enriched with Amla, Moringa, and Bhringraj extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tablet 1000 mg)

INGREDIENTS	QTY PER SERVING
Agati ( <i>Sesbania grandiflora</i> ) extract	500 mg
Bhringraj ( <i>Eclipta prostrata</i> ) extract	100 mg
Bamboo shoot ( <i>Bambusa vulgaris</i> ) extract	100 mg
Amla ( <i>Phyllanthus emblica</i> )	100 mg
Moringa leaf ( <i>Moringa oleifera</i> ) extract	50 mg
Iron (as Ferrous fumarate)	17 mg
Zinc (as Zinc oxide)	12 mg
Biotin plus blend	10 mg
- Biotin	40 mcg
- Calcium Pantothenate (Natural source)	5 mg
- Manganese (Natural source)	4 mg
Copper (Natural source)	1.7 mg
Selenomethionine (Amino acid)	40 mcg

## BENEFITS

- Prevents hair fall and supports healthy hair growth
- Helps improve energy levels
- Helps prevent brittle nails
- Promotes cell growth and improves skin elasticity

## HOW TO USE

- Take 1 tablet daily after a meal or as directed by your healthcare professional.

60 Tablets : ₹ 649

90 Tablets : ₹ 974

120 Tablets : ₹ 1,298

# GLUTATHIONE 500 mg

HELPS MANAGE SKIN COMPLEXION



## WHY CHOOSE THIS?

- Contains 500 mg of Glutathione
- Enriched with Vitamin C & Saffron for more benefits

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 3800 mg)*

INGREDIENTS	QTY PER SERVING
L-Glutathione	500 mg
Vitamin C	60 mg
Hyaluronic acid	40 mg
Grapeseed extract	20 mg
Aloevera extract	20 mg
Vitamin E	10 mg
Turmeric extract	10 mg
Rosemary extract	10 mg
Saffron extract	0.5 mg

## BENEFITS

- Helps manage melanin production in the body
- Improves skin glow and supports skin health
- Helps brighten skin and evens out skin tone
- Prevents cellular damage and fights signs of aging

## HOW TO USE

- Put 1 effervescent tablet in 120ml of water and consume it after dinner.

15 Eff Tablets : ₹ 999

# GLUTATHIONE 600 mg

HELPS MANAGE SKIN COMPLEXION



## WHY CHOOSE THIS?

- Contains 600 mg of Glutathione
- Enriched with N-Acetyl L-Cysteine for more benefits

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 4000 mg)*

INGREDIENTS	QTY PER SERVING
L-Glutathione	600 mg
N-Acetyl-L-Cysteine	400 mg
Vitamin C	40 mg
Vitamin E	10 mg
Hyaluronic acid	5 mg

## BENEFITS

- Helps manage melanin production in the body
- Improves skin glow and supports skin health
- Helps brighten skin and evens out skin tone
- Prevents cellular damage and fights signs of aging

## HOW TO USE

- Put 1 effervescent tablet in 120ml of water and consume it after dinner.

15 Eff Tablets : ₹ 1499

# BIOTIN SHAMPOO

PROMOTES HEALTHY HAIR GROWTH



## WHY CHOOSE THIS?

- Enriched with a rich blend of fruit extracts and Provitamin B5
- A potent formula for strong and healthy hair

## SUPPLEMENT FACTS *(Approx.)*

### INGREDIENTS

Aqua (Water), Cocamidopropyl Betaine, Decyl glucoside, Sodium cocoyl isethionate, Caprylyl/Capryl Glucoside, Glycerine, Panthenyl hydroxypropyl steardimonium chloride, Aloe barbadensis leaf, Caprylyl glycol, Polyquaternium-7, Argan oil, Caprylhydroxamic acid, Sorbic acid, Citrus limon (lemon fruit Ext.), Citrus grandis (grapefruit) Ext., Beta vulgaris (beet) root Ext., Camellia sinensis leaf Ext., Cymbopogon citratus Ext., Chlorella vulgaris Ext., Cucumis Sativus (cucumber) fruit Ext., Moringa oleifera seed Ext., Green tea Ext., Fenugreek Ext., Saccharide isomerate, Disodium EDTA, Biotin, Pro vitamin B5, Phenoxyethanol and ethylhexyl glycerine, Citric acid, Potassium sorbate, Sodium benzoate.

### BENEFITS

- Made from 96% natural ingredients to promote healthy hair growth
- Enriched with PURICARE™ that protects hair against UV and pollution
- Hydrates and softens hair and restores the lost shine
- Cruelty-free, sulfate-free, paraben-free, and phthalate-free

### HOW TO USE

- Wet the hair thoroughly with water.
- Apply shampoo as per the length and volume of your hair.
- Massage well into wet hair and scalp using fingertips for 2-3 minutes.
- Rinse thoroughly with water.
- Use twice a week for best results.

250 ml : ₹ 529

# BIOTIN CONDITIONER

PROMOTES HEALTHY HAIR GROWTH



## WHY CHOOSE THIS?

- Strengthens hair with essential vitamins.
- Easy-to-use, nourishing conditioner formula.

## SUPPLEMENT FACTS *(Approx.)*

### INGREDIENTS

Aqua, Cetearyl Alcohol, Dimethiconol & Tea Dodecylbenzenesulfonate, Glycerine, Behentrimonium Methosulfate, Stearamidopropyl Dimethylamine, Cyclopentasiloxane & Dimethiconol, Guar Hydroxypropyltrimonium Chloride, Peg 120 Methyl Glucose Dioleate, Cera Alba, Perfume, Polyquaternium-10, Polyquaternium-7, Nutricert Hair [ Water (And) Polymnia Sonchifolia Root Juice (And) Xanthan Gum (And) Citric Acid ], Citric Acid, Allium Cepa, Vitamin E (Tocopheryl Acetate), Hydroxyethyl Cellulose, Methylchloroisothiazolinone And Methylisothiazolinone, Saw Palmetto Oil (DHT Blocker), Keratin, Disodium Edta, Biotin

## BENEFITS

- Hair Strength: Enhances hair strength and resilience.
- Scalp Health: Promotes a healthy scalp.
- Moisture Retention: Helps retain hair moisture.

## HOW TO USE

- Apply it on damp hair, from mid-length all the way down to the end. Leave it on for 2-3 minutes. Rinse thoroughly.

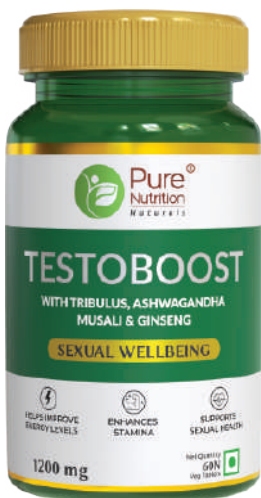
250 ml : ₹ 399

# SEXUAL WELLNESS



# TESTOBOOST

NATURAL LIBIDO AND PERFORMANCE BOOSTER



## WHY CHOOSE THIS?

- Equivalent to 2000 mcg of Safed Musali powder
- Enriched with Gokshur and Ashwagandha extract

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 1200 mg)

INGREDIENTS	QTY PER SERVING
Safed Musali extract	200 mg
<i>Mucuna pruriens</i> extract	150 mg
Gokshura extract	150 mg
Ashwagandha extract	150 mg
L-arginine	100 mg
D-aspartic acid	100 mg
DHEA	100 mg
Ginseng extract	100 mg
Fenugreek extract	50 mg

## BENEFITS

- Helps improve energy levels
- Enhances strength and stamina
- Boosts libido and performance
- Helps revitalize the reproductive system

## HOW TO USE

- Take 1 tablet twice a day after meals or as directed by your healthcare professional.

60 Tablets : ₹ 999

90 Tablets : ₹ 1,499

120 Tablets : ₹ 1,998

# MENIZIN FOR MEN

HELPS IMPROVE STRENGTH, STAMINA AND POWER



## WHY CHOOSE THIS?

- Enriched with Musali and Kesar
- Helps improve stamina and sexual power

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 500 mg)

INGREDIENTS	QTY PER SERVING	INGREDIENTS	QTY PER SERVING
Kaunch Beej Seed Ext. ( <i>Mucuna pruriens</i> ) BPN	60 mg	Khajoor Fruit Ext. ( <i>Phoenix dactylifera</i> ) BPN	30 mg
Safed Musli Rhizome Ext. ( <i>Chlorophytum borivilianum</i> ) BPN	50 mg	Kuchla Shudh Seed Powder ( <i>Strychnos nux-vomica</i> ) BPN	20 mg
Shatavari Rhizome Ext. ( <i>Asparagus racemosus</i> ) BPN	50 mg	Kankol Fruit Ext. ( <i>Piper cubeba</i> ) BPN	20 mg
Gokshura Seed Ext. ( <i>Tribulus terrestris</i> ) BPN	50 mg	Jaiphal Seed Ext. ( <i>Myristica fragrans</i> ) BPN	20 mg
Vidariknda Rhizome Ext. ( <i>Pueraria tuberosa</i> ) BPN	50 mg	Gunja (Ratti) Seed Ext. ( <i>Abrus precatorius</i> ) BPN	20 mg
Akarakara Root Ext. ( <i>Anacyclus pyrethrum</i> ) BPN	40 mg	Kesar Style & Stigma Powder ( <i>Crocus sativus</i> ) BPN	10 mg
Lavang Flower Bud Powder. ( <i>Syzygium aromaticum</i> ) BPN	30 mg	Makardawaj Ras API	10 mg
		Excipients	q.s.

## BENEFITS

- Helps reduce sexual weakness
- Helps improve stamina and sexual power
- Helps control premature ejaculation
- Helps improve semen quality

## HOW TO USE

- Take 1 to 2 capsule twice a day with milk or as directed by the physician.

60 Capsules : ₹ 2,999

90 Capsules : ₹ 4,499

120 Capsules : ₹ 5,998



# SHILAJIT TRIPLE GOLD

HELPS IMPROVE STAMINA AND SEXUAL POWER



## WHY CHOOSE THIS?

- Enriched with 80 mg of Sudhh Shilajit with 1% Fulvic acid
- With added benefits of Kauncha beej

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 700 mg)

INGREDIENTS	QTY PER SERVING	INGREDIENTS	QTY PER SERVING
Kauncha beej (Mucuna pruriens) extract	130 mg	Jaiphala (Myristica fragrans) extract	20 mg
Ashwagandha (Withania somnifera) extract	100 mg	Vanslochan (Bambusa arundinacea) exudate	20 mg
Shuddh Shilajit (Asphaltum punjabianum)	80 mg	Yasad bhasma (Oxide of zinc)	15 mg
Gokhru (Tribulus terrestris) extract	75 mg	Kumkum (Crocus sativus) extract	10 mg
Safed Musali (Chlorophytum arundinaceum) extract	50 mg	Tvak (Cinnamomum zeylanicum) extract	10 mg
Shatavari (Asparagus racemosus) extract	50 mg	Akarakabha (Anthemis nobilis linn) extract	10 mg
Ela (Elektaria cardamomum) extract	40 mg	Karpura (Cinnamomum camphora) resin	9 mg
Vidari (Pueraria tuberosa) extract	40 mg	Lavang (Syzygium aromaticum) extract	5 mg
Varahi (Dioscorea bulbifera) extract	30 mg	Rajata bhasma (Raupya bhasma)	5 mg
		Swarna bhasma (Aurum)	1 mg

## BENEFITS

- Fights fatigue and reduces sexual weakness
- Improves stamina, confidence, and sexual power
- Helps control premature ejaculation (early discharge)
- Helps improve semen quality

## HOW TO USE

- Take 1-2 capsules daily after a meal or as directed by your Healthcare Professional.

30 Capsules : ₹ 529

60 Capsules : ₹ 793

90 Capsules : ₹ 1,058

120 Capsules : ₹ 1,322

# HIMALAYAN SHILAJIT PURE RESIN

ENHANCES VITALITY, SUPPORTS OVERALL WELLNESS.



## WHY CHOOSE THIS?

- Concentrated vitamins, minerals, antioxidants blend.
- Easy, hassle-free diverse greens intake.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 tsp Powder)*

INGREDIENTS	QTY PER SERVING
Shudha Shilajit (Asphaltum Punjabianum)	450 mg

## BENEFITS

- Energy Production: Boosts metabolism, energy levels.
- Nervous System Health: Maintains nervous system, cognitive function.
- Stress Management: Manages stress, promotes balanced mood.

## HOW TO USE

- Take a pea size qty. (400mg) with the given spoon  
Blend it with 100ml warm water or milk.

20gm : ₹ 1199

# HIMALAYAN SHILAJIT GOLD

ENHANCES VITALITY, SUPPORTS OVERALL WELLNESS.



## WHY CHOOSE THIS?

- Concentrated vitamins, minerals, antioxidants blend.
- Easy, hassle-free diverse greens intake.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tsp Powder)

INGREDIENTS	QTY PER SERVING
Shudha Shilajit (Asphaltum Punjabanum)	450 mg

## BENEFITS

- Energy Production: Boosts metabolism, energy levels.
- Nervous System Health: Maintains nervous system, cognitive function.
- Stress Management: Manages stress, promotes balanced mood.

## HOW TO USE

- Take a pea size qty. (400mg) with the given spoon  
Blend it with 100ml warm water or milk.

20gm : ₹ 1699

A still life composition featuring various Ayurvedic ingredients. In the background, a dark brown ceramic pot holds a lush green herb with clusters of small white flowers. To the left, a large glass bottle is filled with a golden-yellow oil, sealed with a cork. In the foreground, a small glass vial with a cork and twine wrap sits next to a white ceramic bowl containing a mixture of ground herbs. Fresh green leaves and small white flowers are scattered on a rustic wooden surface at the bottom of the frame.

# **AYURVEDIC SUPPLEMENTS**

# GILOY TULSI

FOR NATURAL IMMUNITY BOOSTER



## WHY CHOOSE THIS?

- Boosts immunity, rich in antioxidants.
- Easy, convenient daily health supplement.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 500 mg)

INGREDIENTS	QTY PER SERVING
Tulsi Extract ( <i>Ocimum sanctum</i> )	250 mg
Giloy Extract ( <i>Tinospora cordifolia</i> )	250 mg
Excipients	q.s.

## BENEFITS

- Immunity Boost: Enhances immune system function.
- Detoxification: Promotes body detox and purification.
- Anti-inflammatory: Reduces inflammation and pain.
- Digestive Health: Improves digestion and gut health.

## HOW TO USE

- Take 1 Tablet twice a day after meals or as directed by your healthcare professional.

60 Tablets : ₹ 499

90 Tablets : ₹ 748

120 Tablets : ₹ 998

# TRIPHALA

FOR IMPROVED DIGESTION



## WHY CHOOSE THIS?

- Improves digestive regularity
- Rich in antioxidants

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 1200 mg)*

INGREDIENTS	QTY PER SERVING
Triphala Extract (Terminalia chebula extract 100 mg, Terminalia bellirica extract 100 mg, Phyllanthus emblica extract 100 mg),	300 mg
Excipients	q.s.

## BENEFITS

- Helps relieve constipation and improves digestion
- Supports healthy detoxification of the digestive system
- Helps with weight management
- Helps boost immunity

## HOW TO USE

- Take 1 Tablet twice a day after meals or as directed by your healthcare professional.

60 Tablets : ₹ 499

90 Tablets : ₹ 748

120 Tablets : ₹ 998

# SHALLAKI

PROMOTES EASE OF JOINT FUNCTION AND MOBILITY



## WHY CHOOSE THIS?

- Rich in anti-inflammatory properties.
- Easy, convenient joint health support.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 500 mg)

INGREDIENTS	QTY PER SERVING
Shallaki Extract ( <i>Boswellia serrata</i> )	250 mg
Excipients	q.s.

## BENEFITS

- Supports muscle relaxation and helps reduce pain
- Aids in maintaining joint integrity
- Anti-inflammatory benefits reduce cartilage damage
- Provides wound healing and antimicrobial benefits

## HOW TO USE

- Take 1 Capsule twice a day after meals or as directed by your healthcare professional.

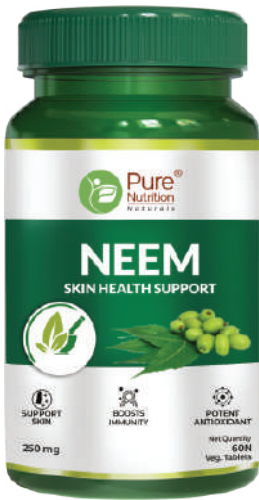
60 Tablets : ₹ 499

90 Tablets : ₹ 748

120 Tablets : ₹ 998

# NEEM

SKIN AND HEALTH SUPPORT



## WHY CHOOSE THIS?

- Potent antibacterial and antiviral properties.
- Easy, hassle-free immune support intake.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Capsule 250 mg)

INGREDIENTS	QTY PER SERVING
Neem Patra Extract ( <i>Azadirachta indica</i> )	250 mg
Excipients	q.s.

## BENEFITS

- Supports blood purification
- Enhances skin health
- Helps manage pain and inflammation
- Boosts immunity naturally

## HOW TO USE

- Take 1 capsule daily after meal or as directed by your healthcare professional.

60 Tablets : ₹ 499

90 Tablets : ₹ 748

120 Tablets : ₹ 998



# KARELA

PROMOTES EASE OF JOINT FUNCTION AND MOBILITY



## WHY CHOOSE THIS?

- Equivalent to 9000 mg Boswellia powder
- Potent herb for managing joint pain

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 250 mg)*

INGREDIENTS	QTY PER SERVING
Karela Extract (Momordica charantia)	250 g
Excipients	q.s.

## BENEFITS

- Supports muscle relaxation and helps reduce pain
- Aids in maintaining joint integrity
- Anti-inflammatory benefits reduce cartilage damage
- Provides wound healing and antimicrobial benefits

## HOW TO USE

- Take 1 Tablet twice a day after meals or as directed by your healthcare professional.

60 Tablets : ₹ 499

90 Tablets : ₹ 748

120 Tablets : ₹ 998

# MORINGA

NUTRIENT-RICH, BOOSTS ENERGY LEVELS.



## WHY CHOOSE THIS?

- Nutrient-dense: Rich in vitamins, minerals.
- Energizing: Boosts stamina and vitality.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 Tablet 250 mg)

INGREDIENTS	QTY PER SERVING
Moringa Oleifera Leaf	250 g
Extra (10%)	q.s.

## BENEFITS

- High in vitamins, minerals, and antioxidants for overall health support.
- Reduces inflammation and supports joint health.
- Enhances vitality and stamina naturally.

## HOW TO USE

- Take 1 Tablet twice a day after meals or as directed by your healthcare professional.

60 Capsules : ₹ 1,199

90 Capsules : ₹ 1,799

120 Capsules : ₹ 2,398

# ORGANIC TRIPHALA TABLETS

FOR DIGESTIVE HEALTH, ANTIOXIDANT-RICH & DETOXIFYING.



## WHY CHOOSE THIS?

- Improves digestive regularity
- Rich in antioxidants

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablets 1200 mg)*

INGREDIENTS	QTY PER SERVING
Organic Triphala Powder Standardized Organic Tablet	1200 mg

## BENEFITS

- Helps relieve constipation and improves digestion
- Supports healthy detoxification of the digestive system
- Helps with weight management
- Helps boost immunity

## HOW TO USE

- Take 2 Tablets daily after meal  
or as directed by your healthcare professional.

120 Tablets : ₹ 499

# ORGANIC SHATAVARI TABLET

FOR SUPPORTING WOMEN'S HEALTH AND PROMOTING HORMONAL BALANCE



## WHY CHOOSE THIS?

- Supports hormonal and reproductive health.
- Aids digestion and reduces acidity.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 1200 mg)*

INGREDIENTS	QTY PER SERVING
Organic Shatavari Powder Standardized Organic Tablet	1200 mg

## BENEFITS

- Supports women's reproductive health and hormonal balance.
- Soothes and supports the digestive system.
- Enhances immunity and overall well-being.

## HOW TO USE

- Take 2 Tablets daily after meal or as directed by your healthcare professional.

120 Tablets : ₹ 499

# ORGANIC MORINGA TABLETS

NUTRIENT-RICH, BOOSTS ENERGY LEVELS.



## WHY CHOOSE THIS?

- Nutrient-dense: Rich in vitamins, minerals.
- Energizing: Boosts stamina and vitality.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 1200 mg)*

INGREDIENTS	QTY PER SERVING
Organic Moringa Powder Standardized Organic Tablet	1200 mg

## BENEFITS

- High in vitamins, minerals, and antioxidants for overall health support.
- Reduces inflammation and supports joint health.
- Enhances vitality and stamina naturally.

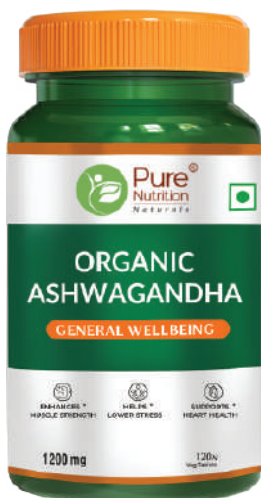
## HOW TO USE

- Take 2 Tablets daily after meal or as directed by your healthcare professional.

120 Tablets : ₹ 499

# ORGANIC ASHWAGANDHA TABLETS

PROMOTES EASE OF JOINT FUNCTION AND MOBILITY



## WHY CHOOSE THIS?

- Reduces stress and anxiety naturally.
- Boosts energy and overall vitality.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 Tablet 500 mg)*

INGREDIENTS	QTY PER SERVING
Moringa Oleifera Leaf Extra (10%)	300 g

## BENEFITS

- Acts as an adaptogen to help the body manage stress and anxiety.
- Boosts energy levels and supports physical endurance and stamina.
- Improves mood and overall mental well-being.

## HOW TO USE

- Take 1 Tablet twice a day after meals or as directed by your healthcare professional.

120 Tablets : ₹ 699

# ORGANIC NEEM POWDER

SKIN AND HEALTH SUPPORT



## WHY CHOOSE THIS?

- Skin Health: Antibacterial, antifungal, clears skin.
- Immune Support: Boosts defense, promotes wellness.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tsp Powder)

INGREDIENTS	QTY PER SERVING
Organic Neem (Azadirachta indica)	1tsp Powder

## BENEFITS

- Supports blood purification
- Enhances skin health
- Helps manage pain and inflammation
- Boosts immunity naturally

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 299

# ORGANIC TRIPHALA POWDER

FOR DIGESTIVE HEALTH, ANTIOXIDANT-RICH & DETOXIFYING.



## WHY CHOOSE THIS?

- Improves digestive regularity
- Rich in antioxidants

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tsp Powder)

INGREDIENTS	QTY PER SERVING
Organic Amlaki, Organic Haritaki, Organic Vibhitaki, (1:1:1)	1tsp Powder

## BENEFITS

- Helps relieve constipation and improves digestion
- Supports healthy detoxification of the digestive system
- Helps with weight management
- Helps boost immunity

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 349



# ORGANIC ALOE VERA POWDER

FOR IMPROVED DIGESTION



## WHY CHOOSE THIS?

- Nutrient-Rich: Essential vitamins and minerals.
- Digestive Health: Soothes and improves gut.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tsp Powder)

INGREDIENTS	QTY PER SERVING
Organic Aloe Vera (Aloe Barbadensis Miller)	1tsp Powder

## BENEFITS

- Enhances skin hydration, radiant complexion
- Reduces inflammation, soothes skin, digestion
- Supplies vitamins, minerals, antioxidants

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 349

# ORGANIC BEET ROOT POWDER

FOR ENHANCING HEART HEALTH AND STAMINA



## WHY CHOOSE THIS?

- Rich in nutrients.
- Boosts blood circulation.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 tsp Powder)*

INGREDIENTS	QTY PER SERVING
Organic Beetroot (Beta vulgaris)	1tsp Powder

## BENEFITS

- Supports cardiovascular function, blood pressure
- Enhances stamina, endurance during activities
- Supports liver function, detoxifies body

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 349

# ORGANIC AMLA POWDER

FOR AN IMMUNE BOOST AND ANTIOXIDANT-RICH BENEFITS



## WHY CHOOSE THIS?

- Rich Vitamin C: Immune booster.
- Digestive aid: Gut health.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 tsp Powder)*

INGREDIENTS	QTY PER SERVING
Organic Amla (Phyllanthus Emblica)	1tsp Powder

## BENEFITS

- High vitamin C strengthens immunity
- Protects against oxidative stress
- Promotes skin health, reduces aging
- Supports digestion, nutrient absorption

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 399

# ORGANIC MORINGA POWDER

NUTRIENT-RICH, BOOSTS ENERGY LEVELS.



## WHY CHOOSE THIS?

- Nutrient-dense: Rich in vitamins, minerals.
- Energizing: Boosts stamina and vitality.

## SUPPLEMENT FACTS *(Approx.) (Serving Size: 1 tsp Powder)*

INGREDIENTS	QTY PER SERVING
Organic Moringa (Moringa oleifera)	1tsp Powder

## BENEFITS

- High in vitamins, minerals, and antioxidants for overall health support.
- Reduces inflammation and supports joint health.
- Enhances vitality and stamina naturally.

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need. or as directed by your healthcare professional.

227 gms : ₹ 499

# ORGANIC SHATAVARI POWDER

FOR SUPPORTING WOMEN'S HEALTH AND PROMOTING HORMONAL BALANCE



## WHY CHOOSE THIS?

- Supports hormonal and reproductive health.
- Aids digestion and reduces acidity.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tsp Powder)

INGREDIENTS	QTY PER SERVING
Organic Shatavari (Asparagus Racemosus)	1tsp Powder

## BENEFITS

- Supports women's reproductive health and hormonal balance.
- Soothes and supports the digestive system.
- Enhances immunity and overall well-being.

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 499

# ORGANIC ASHWAGANDHA POWDER

FOR STRESS RELIEF AND ENERGY BOOST.



## WHY CHOOSE THIS?

- Reduces stress and anxiety naturally.
- Boosts energy and overall vitality.

## SUPPLEMENT FACTS (Approx.) (Serving Size: 1 tsp Powder)

INGREDIENTS	QTY PER SERVING
Organic Ashwagandha (Withania somnifera)	1tsp Powder

## BENEFITS

- Acts as an adaptogen to help the body manage stress and anxiety.
- Boosts energy levels and supports physical endurance and stamina.
- Improves mood and overall mental well-being.

## HOW TO USE

- Take 1/2 teaspoon Powder per day & drink it in the morning & evening each as per your need.  
or as directed by your healthcare professional.

227 gms : ₹ 599



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