

whole The Truth

India's First

100% clean Label

#nothingtohide



  @thewholetruthfoods

whole The Truth range

We Created food so clean, that we list each and every ingredient that goes into it, upfront.

(not hidden at the back in microscopic font)



Our Food Philosophy

Good Food = Good Ingredients ←

- ✧ No added sugar
- ✧ No preservatives
- ✧ No added flavour
- ✧ No soy or gluten
- ✧ No artificial sweeteners
- ✧ No half - truths

and no hidden
*marks either



Protein Powder

15g Protein for everyone.



Easy to digest



100% Clean



Super light recipe

15g Protein Powder



Ragi Cocoa Sampler Pack
Rs 699

15g Protein Powder



Cold Coffee Sampler Pack
Rs 699

15g Protein Powder



Beginner - Ragi Cocoa
1kg - Rs 2499

15g Protein Powder



Beginner - Cold Coffee
1kg - Rs 2499

Protein Powder

24g-30g Protein Go Pro!



Easy to digest



100% Clean



Super light recipe

24g Protein Powder



Pro - Light Cocoa
1kg - Rs 3999

24g Protein Powder



Pro - Cold Coffee
1kg - Rs 3999

26g Protein Powder



Unflavoured Raw Whey
1kg - Rs 2499

30g Protein Powder

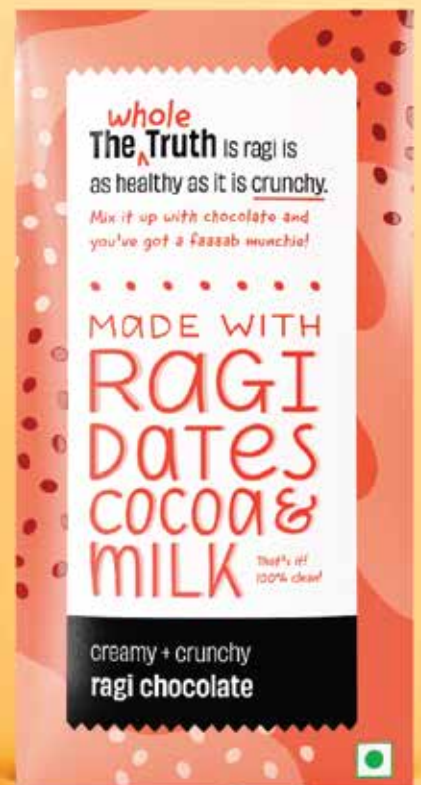
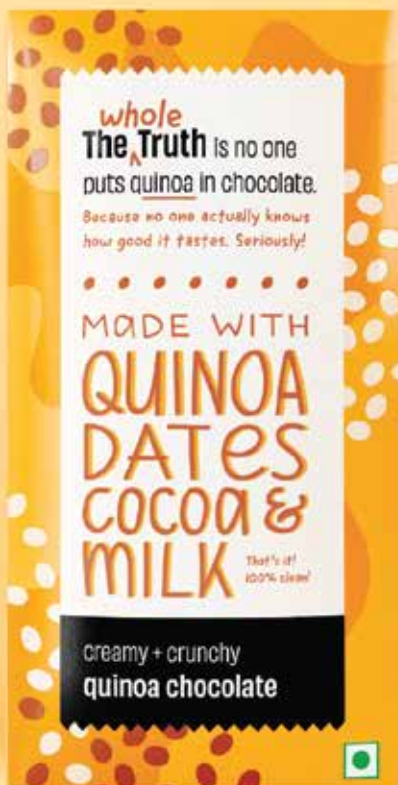


Unflavoured Pure Whey
1kg - Rs 3999

Chocolates

Super Ingredients. Superb Chocolate.

Sweetened with dates • No refined sugar



No Added Sugar



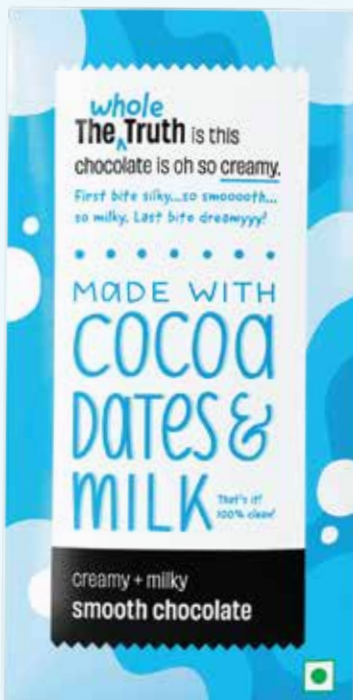
Only Dates



Hazelnut Chocolate
50g - Rs 175



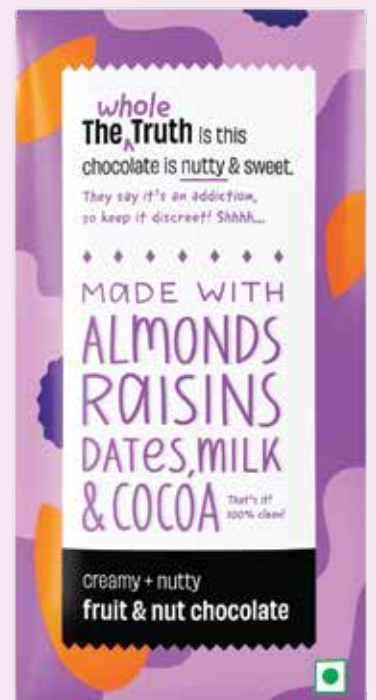
Crunchy Ragi Chocolate
50g - Rs 149



Creamy Smooth Chocolate
50g - Rs 149



Crunchy Quinoa Chocolate
50g - Rs 149



Fruit & Nut Chocolate
50g - Rs 149

Introducing

Badaaam Chocolate



Badaam Chocolate

28g - Rs 75

25% Badaam, 75% Chocolate

Dark Chocolate

Date Sweetened Dark Chocolate



No Added Sugar



Only Dates

Dark Chocolate

Blue Tokai Dark Chocolate



Blue Tokai Dark Chocolate

80g - Rs 399

No Added Sugar



Only Dates



71% Dark Chocolate
80g - Rs 349



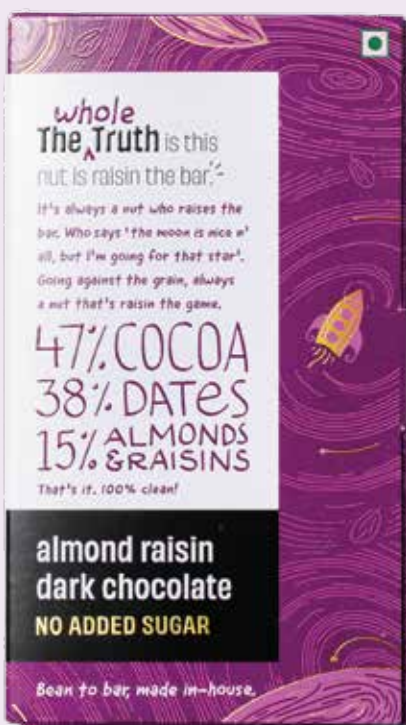
Orange Dark Chocolate
80g - Rs 349



Sea Salt Dark Chocolate
80g - Rs 349



55% Dark Chocolate
80g - Rs 349



Almond Raisin Dark Chocolate
80g - Rs 349



Hazelnut Dark Chocolate
80g - Rs 349

Protein Bar

Cleanest Snack. Ever.



12 - 15g protein. No bad stuff. Tasty as Hell

Protein Bar

Hazelnut Cocoa



Hazelnut Cocoa
52g - Rs 150

12 - 15g protein. No bad stuff. Tasty as Hell



Peanut Millet Cocoa
Rs 125



Almond Millet Cocoa
Rs 125



Double Cocoa Protein Bar
52g - Rs 100



Coffee Cocoa Protein Bar
52g - Rs 100



Cranberry Protein Bar
52g - Rs 100



Peanut Cocoa Protein Bar
52g - Rs 100



Peanut Butter Protein Bar
52g - Rs 100



Coconut Cocoa Protein Bar
52g - Rs 100



All in one protein bar box
Rs 600



Mini bar pack of 8
Rs 440



orange cocoa protein bar
52g - Rs 120



Lemon almond cranberry
52g - Rs 120



**Double Cocoa
Protein Bar**
67g - Rs 140



**Coffee Cocoa
Protein Bar**
67g - Rs 140



**Peanut Cocoa
Protein Bar**
67g - Rs 140

Energy Bar

100% Clean Energy

For your body. ↩



Vegan



No Added Sugar



Gluten-free



Almond Choco Fudge

40g - Rs 60



Cocoa Cranberry Fudge

40g - Rs 60



Mocha Almond Fudge

40g - Rs 60



Peanut Choco Fudge

40g - Rs 60

Nut Butters

Nut Butter. But Better

100% clean. Infinitely yummy! 😊



No Palm Oil



No Added Sugar



100% Natural

Unsweetened Peanut Butter



Creamy

(325g) - Rs 199

(925g) - Rs 515

Crunchy

(325g) - Rs 199

(925g) - Rs 515



sweetened Peanut Butter



Crunchy

(325g) - Rs 215

(925g) - Rs 495

Dark Chocolate Peanut Butter



Creamy

(325g) - Rs 235
(925g) - Rs 649



Crunchy

(325g) - Rs 235
(925g) - Rs 649

Protein Peanut Butter



Dark Chocolate Protein Crunchy

(325g) - Rs 295

Hazelnut Peanut Butter



Hazelnut Spread

(200g) - Rs 499

Muesli

The Perfect Breakfast



Nutritionally Balanced. Exceptionally Yum.



Nuts, Fruits & Seeds
(350g) - Rs 325



Nuts, Fruits & Seeds Super Saver
(750g) - Rs 600



Choco Fruit Crunch
(350g) - Rs 325



Choco Fruit Crunch Super Saver
(750g) - Rs 600



Almond Choco Crunch With Protein
(350g) - Rs 449



No Added Sugar 5 Grain
(350g) - Rs 325

Celebrities love us



These energy bars are vegan and so delicious!

-Malaika Arora

Actor



I have really enjoyed the bars.

-Robin Uthappa

Indian cricketer



I loved these bars

-Sara Ali Khan

Actor